



CMAS

Medical and Anti-Doping Department &
Sports Committee

2023, February 11th

To the members of CMAS BOD
To the Directors of Sports Commissions
To the National Federations affiliated with
the Sports Committee

CMAS WEBINARS a KEY WAY to EDUCATION

In the frame of ANTI DOPING FIGHT, Join us!

Dear CMAS Community

In the frame of the CMAS's strong commitment to the fight against doping, mainly regarding education, CMAS, with the support of ITA, has launched the operation "CMAS education webinars" that started on the beginning of November 22nd.

5 sessions have been delivered in 2 months:

- Introduction to doping
- Doping control process
- Medication – supplement – prohibited list – TUE
- Principles and value of clean sport
- Out of competition testing

On average, 30 countries participated per session. The average of participants per session is 250, with a percentage of 35% of coaches and 25 % of athletes, 15 administrators, some parents, etc.

The audience has already acclaimed these courses and their contents, and CMAS has decided to continue their programming for 2023.

Please, find under the 2023 preliminary program:

All in English.

- **March 30 - 9h CET + 17 h CET same topic. Principles and value of the fight against doping. Consequences of doping - physical, mental health - social, economic effects and sanctions.**
- **July 19 – 14h CET. Athlete and Athlete support – personal rights and responsibilities under the code and consequences on health – sanctions.**
- **Additional webinars will complete these sessions.**

These courses are suitable for athletes, coaches, judges, administrative sports leaders, medical staff, parents etc.

Education means that knowledge is the base in the fight against doping. The whole family of CMAS is kindly invited to join the audience, admittedly to increase their knowledge to spread it.

The CMAS family is also kindly invited to encourage its entourage and acquaintances to join the webinars

Medical Anti-Doping Director

President Sports Committee

Michel LEGLISE

Michel GAUNARD