

World Aquatics Member Federations

Lausanne, 6 December 2024

Re: Reminder 2025 WADA Prohibited List

Dear World Aquatics Member Federations,

This is a kind reminder that the World Anti-Doping Agency has issued an updated List of Prohibited Substances that will come into force on 1 January 2025.

The 2025 Prohibited List as well as summary of the major modifications can be found <u>here</u>.

Key updates to the List include:

- Adjustments to dosing intervals for formoterol, though the maximum daily delivered dose remains unchanged.
- The donation of blood and blood components, including through apheresis, is no longer prohibited when performed at accredited collection centers.
- Hydrafinil has been newly classified as a non-specified stimulant.

We kindly ask you to share this information with your athletes and support personnel.

For any inquiries or more information about the changes, please contact worldaquatics@ita.sport.

Respectfully yours,

Justin Lessard

Aquatics Integrity Unit Senior Manager

Nicolò Juglair

Aquatics Integrity Unit Coordinator