

**NATIONAL SWIMMING MASTERS CHAMPIONSHIP 2025**  
**THESSALONIKI, GREECE 6-8/6/2025**

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Dear Friends,

The Hellenic Swimming Federation and the region of Central Macedonia organize the 2025 National Swimming MASTERS Championship.

**Date of Competition:** The competition is going to be conducted from June 6<sup>th</sup> to June 8<sup>th</sup> in the city of Thessaloniki (Posidonio Swimming pool).

**Eligible age groups:** Swimmers born from 2000 and earlier.

**Timing:** Electronic Timing System.

**Swimming pool:** 50m Indoor Swimming pool.

**Warm up pool:** 50m Outdoor pool, can be used for warm up and cool down.

**Rules:** The competition will follow the World Aquatics Rules and the World Aquatics Integrity Code.

#### **COMPETITION**

- ✓ The competition is going to be conducted in an Open Category format in Final Heats regardless of the age of the competitors.
- ✓ Each club may participate with no limit to the number of swimmers in each event. Each swimmer may compete in up to four (4) total events, in up to two (2) per session and in as many Relay events.
- ✓ "All Clubs have the right to participate with 1 team in each relay event.
- ✓ The formation of the Heats will be based on the times achieved in a 50m pool from 1/1/2024 to 25/5/2025.
- ✓ The competition is going to be conducted in three (3) days and five (5) sessions as follows (Table 1):
  - Friday 6.6.2025 Afternoon
  - Saturday 7.6.2025 morning and afternoon
  - Sunday 8.6.2025 morning and afternoon
- ✓ Results and award ceremonies are going to be conducted separately per age group.
- ✓ In the case of participation by foreign swimmers who are not registered with Clubs of the HSF, there will be a separate ranking for each category and corresponding awards – ceremonies."

**COMPETITION PROGRAM (TABLE 1)**  
**NATIONAL SWIMMING MASTERS CHAMPIONSHIP 2025**

**1<sup>st</sup> Session Friday 6.6.2025 (Evening 17:30)**

<b>1</b>	1500m	FREESTYLE	MEN	Final Heats
<b>2</b>	1500m	FREESTYLE	WOMEN	Final Heats

**2<sup>nd</sup> Session Saturday 7.6.2025 (Morning 09:00)**

<b>1</b>	50m	BACKSTROKE	WOMEN	Final Heats
<b>2</b>	50m	BACKSTROKE	MEN	Final Heats
<b>3</b>	100m	BREASTROKE	WOMEN	Final Heats
<b>4</b>	100m	BREASTROKE	MEN	Final Heats
<b>5</b>	200m	FREESTYLE	WOMEN	Final Heats
<b>6</b>	200m	FREESTYLE	MEN	Final Heats
<b>7</b>	400m	IND. MEDLEY	WOMEN	Final Heats
<b>8</b>	400m	IND. MEDLEY	MEN	Final Heats
<b>9</b>	4X50m	FREESTYLE	WOMEN	Final Heats
<b>10</b>	4X50m	FREESTYLE	MEN	Final Heats

**3<sup>rd</sup> Session Saturday 7.6.2025 (Evening 17:30)**

<b>1</b>	100m	BUTTERFLY	MEN	Final Heats
<b>2</b>	100m	BUTTERFLY	WOMEN	Final Heats
<b>3</b>	50m	BREASTROKE	MEN	Final Heats
<b>4</b>	50m	BREASTROKE	WOMEN	Final Heats
<b>5</b>	400m	FREESTYLE	MEN	Final Heats
<b>6</b>	400m	FREESTYLE	WOMEN	Final Heats
<b>7</b>	200m	BACKSTROKE	MEN	Final Heats
<b>8</b>	200m	BACKSTROKE	WOMEN	Final Heats
<b>9</b>	4X50m	TEAM MEDLEY MIXED	2 MEN/2 WOMEN	Final Heats

**4<sup>th</sup> Session Sunday 8.6.2025 (Morning 09:00)**

<b>1</b>	100m	FREESTYLE	MEN	Final Heats
<b>2</b>	100m	FREESTYLE	WOMEN	Final Heats
<b>3</b>	200m	BREASTROKE	MEN	Final Heats
<b>4</b>	200m	BREASTROKE	WOMEN	Final Heats
<b>5</b>	50m	BUTTERFLY	MEN	Final Heats
<b>6</b>	50m	BUTTERFLY	WOMEN	Final Heats
<b>7</b>	800m	FREESTYLE	MEN	Final Heats
<b>8</b>	800m	FREESTYLE	WOMEN	Final Heats
<b>9</b>	4X50m	TEAM MEDLEY	MEN	Final Heats
<b>10</b>	4X50m	TEAM MEDLEY	WOMEN	Final Heats

**5<sup>th</sup> Session Sunday 8.6.2025 (Evening 16:30)**

<b>1</b>	50m	FREESTYLE	WOMEN	Final Heats
<b>2</b>	50m	FREESTYLE	MEN	Final Heats
<b>3</b>	100m	BACKSTROKE	WOMEN	Final Heats
<b>4</b>	100m	BACKSTROKE	MEN	Final Heats
<b>5</b>	200m	BUTTERFLY	WOMEN	Final Heats
<b>6</b>	200m	BUTTERFLY	MEN	Final Heats
<b>7</b>	200m	IND. MEDLEY	WOMEN	Final Heats
<b>8</b>	200m	IND. MEDLEY	MEN	Final Heats
<b>9</b>	4X50m	FREESTYLE MIXED	2 WOMEN/2 MEN	Final Heats

**SWIMMERS AGE GROUP CATEGORIES**

The Masters Swimmers Age Group Categories will be as indicated below:

Category	Age	Year of birth
A	25-29	2000-1996
B	30-34	1995-1991
C	35-39	1990-1986
D	40-44	1985-1981
E	45-49	1980-1976
F	50-54	1975-1971
G	55-59	1970-1966
H	60-64	1965-1961
I	65-69	1960-1956
J	70-74	1955-1951
K	75-79	1950-1946
L	80-84	1945-1941
M	85-89	1940-1936
N	90-94	1935-1931

The Masters Age Group Categories for the Relay events in men and women are estimated based on the sum of the ages of the four (4) swimmers of each team and will be as follows:

Category	Sum of Age
A	100-119
B	120-159
C	160-199
D	200-239
E	240-279
F	280-319
G	320-359
H	360-399

## ENTRIES AND WITHDRAWALS

- ✓ Entries must be submitted until Friday 30.5.2026 at 14:00 at the link that follows: [https://clubs.koe.org.gr/KOEWebEntries\\_PROD/](https://clubs.koe.org.gr/KOEWebEntries_PROD/)
- ✓ All the swimmers have to sign responsible a declaration form that will assure the organizing committee that they are physically capable to participate in the competition.
- ✓ On Tuesday June 3<sup>rd</sup> the Hellenic Swimming Federation will post the initial entry lists and the final program of the competition and warm up.
- ✓ All withdrawals must be submitted until Wednesday 4.6.2025 on the above link.
- ✓ Its club can submit withdrawals 30 minutes prior to the beginning of each session at the Front Office.
- ✓ The entry lists for the Relay events must be submitted along with those of the individual events. The final roster of each relay can be submitted to the Competition Front Office until 30' prior to the start of each session that the relay is going to take place.

## POINT SYSTEM

There is going to be a point system with the 8 top ranked swimmers in the individual events and the 8 top ranked teams in the relay events will be rated according to the following point system:

### National Swimming Masters Championship 2025 Point System

Rank	1 <sup>st</sup>	2 <sup>nd</sup>	3 <sup>rd</sup>	4 <sup>th</sup>	5 <sup>th</sup>	6 <sup>th</sup>	7 <sup>th</sup>	8 <sup>th</sup>
Individual Events	9	7	6	5	4	3	2	1
Relay Events	18	14	12	10	8	6	4	2

## PRIZES

- ✓ Medals will be awarded to the first three (3) winners of every individual or relay event in each age category.
- ✓ Medals and prizes will be awarded to the first three winners, of each category for individual and relay events.

In the end of the Competition there is going to be awarded a special prize to:

- The oldest male swimmer
- The oldest female swimmer

## **ENTRY FEE AND ACCREDITATION**

The entry fee is 40€.

Payments can be made through bank transfer to the following accounts:

- **NATINAL BANK- IBAN: GR66 0110 0800 0000 0804 8090 172**
- **EUROBANK- IBAN: GR82 0260 2770 0007 0020 1520 045**
- **ALPHA BANK- IBAN: GR15 0140 1470 1470 0232 0003 260**
- **PIRAEUS BANK- IBAN: GR91 0171 7270 0067 2716 3708 450**

➤ A copy of the deposit must be attached along with the entry list.

## **DECLARATION FORM**

The undersigned

.....  
of ....., holding identity card or  
passport number....., participating on my own  
initiative and under my sole responsibility in the swimming competition named  
..... hereby consciously and  
responsibly declare that:

I am in possession of an up-to-date HEALTH CARD and ACCREDITATION  
CARD.

I confirm that I have no health issues and am able to participate in such  
competitions.

I acknowledge that the organizers of the competition and all involved entities or  
authorities bear no responsibility for anything that may occur before, during, or  
after the competition, such as, indicatively, physical or mental health damage,  
temporary or permanent, including loss of life. I take full responsibility for the  
protection of my health and life, and I shall make no claims against the above-  
mentioned parties or any related cause, either on my behalf or that of any  
member of my family.

I grant the organizers the right to use my personal data such as photos, videos,  
audio recordings, and any kind of audiovisual recording of the competition,  
including for promotional purposes.

In all of the above cases, I release the organizers from any liability and waive  
any right to compensation.

Date: ..... / ..... / .....

The Declarant

(Signature)