



ΝΑΥΤΙΚΟΣ ΟΜΙΛΟΣ ΘΑΛΑΣΣΙΩΝ ΑΘΛΗΜΑΤΩΝ ΚΑΒΑΛΑΣ

"APOSTLE PAVLOS 2026"

COMPETITIVE CATEGORY SWIMMING COMPETITION

ANNOUNCEMENT

The swimming club N.O.T.A. Kavala in collaboration with the Municipality of Kavala, Regional Unit of Kavala, Holy Metropolis of Philippi, Neapolis & Thassos, Chamber of Kavala and other sponsors and under the auspices of the Greek Chamber of Commerce and Industry, are co-organizing the 8th Competitive Category Competition under the name "Apostle Paul 2026". The competitions will be held at the Municipal Swimming Pool of Kavala, in a 50m pool, 8 lanes and paddles with additional "Plug n Start" and backstroke footrests and with electronic timing according to the international regulations of WORLD AQUATICS and the KOE, on 16-17-18/01/2026. The times achieved will be taken into account for participation.

The times achieved will be taken into account for the participation of the swimmers-trios for the European Men's and Women's Championships and the European Youth and Junior Championships 2026 and for other international competitions.

COMPETITION SESSIONS:

The competitions will be held in 5 sessions (p. 1):

- 1st Session - Friday 16/01/26 afternoon (Warm-up: 16:30 - Start: 17:30) (p. 1)
- 2nd Session - Saturday 17/01/26 morning (Warm-up: 08:00 - Start: 09:00 - Preliminaries) (p. 1)

- 3rd Session - Saturday 17/01/26 afternoon (Warm-up: 15:50 - 16:50, Opening Ceremony: 17:00 - Start: 17:15 - Finals) (p. 1)
- 4th Session - Sunday 18/01/26 morning (Warm-up: 08:00 - Start: 09:00 - Preliminaries) (p. 1)
- 5th Session - Sunday 18/01/26 afternoon (Warm-up: 15:30 - Start: 16:30 - Finals) (p. 1)
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TERMS OF PARTICIPATION:

- All clubs belonging to the H.S.F. have the right to participate with athletes of competitive categories and holders of special recognition in swimming, except for new members or those new to the sport who are in the 2-year period of athletic activity required by law to obtain special athletic recognition. As well as foreign clubs that express interest.
- The participation of foreign (alien) swimmers, not registered in Greek associations - clubs belonging to the HSF, is allowed. Foreign clubs must send an email to y.montesantos@koe.org.gr to receive username, link, password, manual. This is done 3 weeks before the event. Foreign athletes must also provide a document/certificate from their respective federation that they are a member and can participate in the event.
- Participants must have an active ID card and a valid health card.
- All participating clubs, along with event entries, must submit the decision of their association's Special Athletic Recognition from the G.G.A. (General Secretariat of Sports).
- Each club can participate with an unlimited number of athletes per event.
- Each swimmer per club is entitled to compete in up to four (4) events in total and up to two (2) events per session.
- National team athletes can participate in unlimited events. (The platform does not check this, it is recommended that national team athletes also have 4 events. If you want them to participate in more, the extra events should be sent by email to swimming@koe.org.gr).
- Out of competition participation will not be allowed in the games.

- Athletes from foreign countries will participate with the times they have achieved in international competitions or in competitions of their country's federations, from 01/01/2025 to 31/12/2025.
- In the morning, the heats will take place as follows: The 3 fastest series of all events will be held, followed by half an hour of warm-up and then all the remaining events with the remaining series. In the afternoon, the finals will be in 2 series A', B' final with the 16 best times up to and including the 200m events, and a C' final will be held for the Pre-Junior Boys - Pre-Junior Girls A&B categories in 50 and 100m with the 8 best times.
- In the morning the 400m freestyle event will be held in four (4) qualifying heats including the 32 best times in the A cycle and in the afternoon the 8 best times will qualify for the finals.
- The 400m individual medley event will be held in four (4) final heats including the 32 best times.
- The events of 1500m Men/Women and 800m Men/Women will be held in only one final heat with the 16 best declared times.
- The games will be held in an open category format and athletes will be placed in heats based on their best time regardless of their age.
- The times based on which some events are held are determined by the best official performance in a 50m pool from 1/1/2025 to 31/12/2025.

AWARDS:

Medals will be awarded to the first three winners in the afternoon finals. As well as a €500 cash prize for the best male swimmer and €500 for the best female swimmer according to the WORLD AQUATICS POINTS scoring system. In addition, gifts - sports equipment will be given to all first winners of all categories by the sports company TYR.

PARTICIPATION ENTRIES:

- Participation entries for the games must be submitted exclusively on the HSF platform.
- Foreign clubs must send an email to y.montesantos@koe.org.gr to receive username, link, password, manual. This is done 3 weeks before the event. Foreign athletes must also provide a document/certificate from their respective federation that they are a member and can participate in the event.
- The deadline for participation entries is FRIDAY, JANUARY 9, 2026.
- The cost of participation per competitive category swimmer is €25. Based on the decision of the 25th HSF Board of Directors (18 Sep 25), €5 per participating athlete is paid by each club to the HSF. By Wednesday 14.01.2026 at 14.00, please submit a copy of the deposit receipt for the €5 participation fee on the HSF platform --> Entries --> Financial Control. Otherwise, the entries will not be included in the race sheet and the participation of the athletes in the race will not be possible. This procedure also applies to athletes from foreign countries. The remaining €20 will be paid before the start of the games to the cashier of the club's swimming department. The deposit of the €5 fee must be made to the HSF in one of the following accounts:
 - NATIONAL BANK - IBAN: GR66 0110 0800 0000 0804 8090 172
 - EUROBANK - IBAN: GR82 0260 2770 0007 0020 1520 045
 - ALPHA BANK - IBAN: GR15 0140 1470 1470 0232 0003 260
 - PIRAEUS BANK - IBAN: GR91 0171 7270 0067 2716 3708 450
 - Where the name of the club and the event will be written.
- Those interested will be informed of entries per event via the HSF website.

- Deletions will be accepted until TUESDAY 13/01/2026 on the online platform; beyond this time limit no other changes or deletions will be made.
- The games will be held according to the Integrity Code and the applicable World Aquatics rules for swimming and the HSF rules.
- The games will be held under the supervision of a Doctor in a swimming pool that has an operating license as a sports facility.
- The games will be held with strict implementation of the updated health protocols of the GGA and the H.S.F. and additionally with the provisions and clarifying guidelines that will be in force during the event.
- Participation entries per event and per club as well as the results of the games will be posted on the HSF website www.koe.org.gr in the LIVE RESULTS section.

We wish you success!

GAMES PROGRAM

1st Session: Friday 16/01/26 at 5:30 PM

1. 50m Backstroke Women (Preliminaries)
2. 50m Backstroke Men (Preliminaries)
3. 50m Freestyle Women (Preliminaries)
4. 50m Freestyle Men (Preliminaries)
5. 400m I.M. Women (Final heats)
6. 400m I.M. Men (Final heats)
7. 800m Freestyle Women (Final heats)
8. 1500m Freestyle Men (Final heats) * Awards 400 I.M, 800 Freestyle, 1500 Freestyle

2nd Session: Saturday 17/01/26 at 9:00 AM

1. 100m Breaststroke Men (Preliminaries)
2. 100m Breaststroke Women (Preliminaries)
3. 100m Butterfly Men (Preliminaries)

4. 100m Butterfly Women (Preliminaries)
5. 200m Freestyle Men (Preliminaries)
6. 200m Freestyle Women (Preliminaries)
7. 200m I.M. Men (Preliminaries)
8. 200m I.M. Women (Preliminaries)
9. 200m Backstroke Men (Preliminaries)
10. 200m Backstroke Women (Preliminaries)

3rd Session: Saturday 17/01/26 at 5:15 PM

1. 100m Breaststroke Women A, B & C FINALS
2. 100m Breaststroke Men A, B & C FINALS
3. 100m Butterfly Women A, B & C FINALS
4. 100m Butterfly Men A, B & C FINALS
5. 200m Freestyle Women A & B FINALS
6. 200m Freestyle Men A & B FINALS * Awards 100 Breaststroke & 100 Butterfly
7. 50m Backstroke Women A, B & C FINALS
8. 50m Backstroke Men A, B & C FINALS
9. 200m I.M. Women A & B FINALS
10. 200m I.M. Men A & B FINALS * Awards 200 Freestyle
11. 50m Freestyle Women A, B & C FINALS
12. 50m Freestyle Men A, B & C FINALS
13. 200m Backstroke Women A & B FINALS
14. 200m Backstroke Men A & B FINALS * Awards 50 Backstroke - 200 I.M.
15. 1500m Freestyle Women (Final heats)
16. 800m Freestyle Men (Final heats) * Awards remaining events

4th Session: Sunday 18/01/26 at 9:00 AM

1. 100m Freestyle Women (Preliminaries)
2. 100m Freestyle Men (Preliminaries)
3. 50m Breaststroke Women (Preliminaries)
4. 50m Breaststroke Men (Preliminaries)

5. 100m Backstroke Women (Preliminaries)
6. 100m Backstroke Men (Preliminaries)
7. 200m Butterfly Women (Preliminaries)
8. 200m Butterfly Men (Preliminaries)
9. 400m Freestyle Women (Preliminaries)
10. 400m Freestyle Men (Preliminaries)
11. 200m Breaststroke Women (Preliminaries)
12. 200m Breaststroke Men (Preliminaries)
13. 50m Butterfly Women (Preliminaries)
14. 50m Butterfly Men (Preliminaries)

5th Session: Sunday 18/01/26 at 4:30 PM

1. 100m Freestyle Women A, B & C FINALS
2. 100m Freestyle Men A, B & C FINALS
3. 50m Breaststroke Women A, B & C FINALS
4. 50m Breaststroke Men A, B & C FINALS
5. 100m Backstroke Women A, B & C FINALS
6. 100m Backstroke Men A, B & C FINALS * Awards 100 Freestyle – 50 Breaststroke
7. 200m Butterfly Women A & B FINALS
8. 200m Butterfly Men A & B FINALS * Awards 100 Backstroke
9. 400m Freestyle Women A FINAL
10. 400m Freestyle Men A FINAL
11. 200m Breaststroke Women A, B & C FINALS
12. 200m Breaststroke Men A, B & C FINALS * Awards 200 Butterfly – 400 Freestyle
13. 50m Butterfly Women A, B & C FINALS
14. 50m Butterfly Men A, B & C FINALS * Awards remaining events

ACCOMMODATION

The event hotels are: LUCY, ESPERIA, GALAXY, EGNATIA, OCEANIS

The associations should contact the organizing committee directly, Gkekas Nikos tel. 6945776636 coach with the vice-president and communication officer Prodromos Douanoglou tel. 6975601045 and the president Christos Masanis, in order to be informed about availability and prices. The accommodation package includes all meals, transport of athletes from THESSALONIKI, daily transport from the hotels to the swimming pool as well as from Thessaloniki airport to the hotels and their transport from Kavala to Thessaloniki airport after the end of the games.

The members of the MEN'S - WOMEN'S NATIONAL TEAM category A are hosted free of charge (includes accommodation in an event hotel, all meals, transport of athletes from THESSALONIKI - KAVALA, daily transport from the hotels to the swimming pool as well as from Thessaloniki airport to the hotels and their transport from Kavala to Thessaloniki airport after the end of the games.

Reservations must be completed by 27/12/25

Public Relation Manager

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