

Dear Friends,

Reference is made to **FINA Online Artistic Swimming Clinic for Coaches** is scheduled to be held in **Greece (GRE)**, from **11th to 14th April 2022 (9.00 – 12.00 Athens local time)**.

I am pleased to inform you that the following participants have been approved to attend the Clinic:

RO Code	Given Name	Family Name
GRE	Margkaret	MARTSEVA
GRE	Ifinoi	DAVVETA
GRE	Kyriaki Michaela	KOSTRAKI
GRE	Elisavet Eleni	VASILEIOU
GRE	Stavroula	NTOMALI
GRE	Kristina	BOTCHORISHVILI
GRE	Afroditi	MAVROMMATI
GRE	Dimitra Irinna	PANIDI
GRE	Anastasia	DODONTZIDI
GRE	Maria	SKOUPRA
GRE	Alexandra	KOUTSOULA
GRE	Eleni	STRAVAKOU
GRE	Kyriaki	ARSENI
GRE	Despoina	KARAMPELA
GRE	Foteini	ANGELOPOULOU
GRE	Dimitra	MARAGKAKI
GRE	Venetia	KOMNIANIDOU
GRE	Eirini	FALIAKAKI
GRE	Maria	SAMPANI GIANNOPOULOU
GRE	Vasiliki	KOFIDI
GRE	Ifigeneia	DIPLA
GRE	Nino	BOTCHORISHVILI

FINA Online Clinic for Coaches/Officials	
Lecturer	Lilianne Grenier
Dates	April 11-14
Discipline	<input type="checkbox"/> Sw <input checked="" type="checkbox"/> AS <input type="checkbox"/> OW <input type="checkbox"/> Wp <input type="checkbox"/> DV
Country & GMT	Greece 9am-12pm

The schedule will be based on the local time of the Host Federation

Day 1 April 11th (3 hours)	Time	Topic
	9 :00	Introduction
	9 :30	Role of the Coach & Coaching Philosophy
	10:30	Break/Questions ¹
	10 :45	Athletes Development Support Pathway (previously LTAD)
	11:40	Questions/ Wrap up
	12 :00	End

Day 2 April 12th (3 hours)	Time	Topic
	9 :00	Good Morning
	9 :10	FINA Handbook -Basic Positions, Basic propulsion & Sculling techniques
	10 :00	Break/Questions
	10 :15	Identify effective teaching Methods
	11 :40	Questions/ Wrap Up
	12 :00	END

Day 3 April 13th (3 hours)	Time	Topic
	9 :00	Good Morning
	9 :10	Key Components for AS routines development process
	10:30	Break/Questions
	10 :45	Session Plan
	11 :40	Questions/Wrap Up
	12 :00	End

Day 4 April 14th (3 hours)	Time	Topic
	9 :00	Good Morning
	9 :10	Topic of their choice
	10 :15	Break/Questions ²
	10 :30	Topic of their choie
	11 :40	Wrap up
	12 :00	END

¹ FINA encourages you to schedule a pause each 45 minutes, in order to keep the participants' attention

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