



FAROS - Junior 2025

The swimming club O.F.T.H.A, in collaboration with the Municipality of Alexandroupolis and the Regional Committee of Swimming Macedonia & Thrace and under the roof of the Hellenic Swimming Federation, is organizing the International swimming meeting for swimmers 8- 12 years old, "**ΦΑΡΟΣ - Junior 2025**", on **3-4 May 2025**.

The competition will be held in the Regional Swimming Pool of Alexandroupolis "**Dimosthenis Michalenzakis**" 50m, 10 lanes, equipped with the new OMEGA electronic timing system, and will be conducted according to the international swimming rules. The results will be official and will be included in the Hellenic Swimming Federation files.

The results will be displayed after the races have finished at the following link:
<https://live.koe.org.gr/>.

GENERAL TERMS & CONDITIONS

- The competition will follow the Integrity Code and the current regulations of WORLD AQUATICS and the Hellenic Swimming Federation (KOE).
- The swimming competition will be supervised by a medical professional and held in a facility with a valid sports installation license.

GENERAL PARTICIPATION RULES

- All clubs that belong to the Hellenic Swimming Federation (KOE) and international clubs expressing interest are permitted to participate.
- Boys and girls born in the years 2017 (8 years old), 2016 (9 years old), 2015 (10 years old), 2014 (11 years old), and 2013 (12 years old) are permitted to compete.
- The competition will be conducted over two days and three sessions:
 - Saturday morning: Warm-up at 09:30, Competition starts at 10:30
 - Saturday afternoon: Warm-up at 16:30, Opening Ceremony at 17:30, Competition starts at 17:45
 - Sunday morning: Warm-up at 09:00, Competition starts at 10:00

SPECIAL PARTICIPATION RULES

- Athletes born in 2017 (8 years old) and 2016 (9 years old) may participate in up to two individual races.
- Athletes born in 2015 (10 years old), 2014 (11 years old), and 2013 (12 years old) may participate in up to three individual races.
- In the 8x50m Freestyle Relay (for ages 10-12), any age combination is allowed as long

as there are four boys and four girls.

- In the 6x50m Freestyle Relay (for ages 8-9), any age combination is allowed as long as there are three boys and three girls. Additionally, two of the six swimmers must swim freestyle kick with a kickboard during any turn they choose.
- In the 4x50m Medley Relay (mixed), each team must have two boys and two girls from each age category.
- In the 4x50m Medley Relay (Sunday), each team must have one boy aged 10, one boy aged 11, one boy aged 12, and one additional boy of any age. The same rule applies for the girls' relay event.
- The rules will be strict, and we will not accept any athlete who does not comply with them.

PARTICIPATION STATEMENTS & FINAL PARTICIPATION STATEMENT

The participation fee is **15 euros** per athlete for ages 8-9 and **18 euros** per athlete for ages 10-12. The payment must be made to the competition secretariat.

The total fee for each club will be calculated based on the final number of participants on the day of the competition. (According to the 622/E, 30/1/2018 decision of the Hellenic Swimming Federation, 3€ from each participation fee is given to the National Swimming Federation).

The participation statements must be submitted to the Regional Committee of Swimming Macedonia & Thrace at email: pekoanmath@yahoo.gr and at email O.F.T.H.A : oftha.alexandroupolis@gmail.com until **Friday, 2 April 2025** . In addition to the name and age, the Federation number must also be provided (participations without this number will not be accepted). Furthermore, the email address of each club must be included for further communication, along with the names and phone numbers of the coaches and responsible individuals. Swimmers coming from abroad must have a valid ID or passport.

TROPHIES

- Medals are going to be given to the top three winners of each Age group and Race as it is listed in the program.
- Diplomas are going to be given to the 4th,5th και 6th winner of each Age group and Race as it is listed in the program.
- In the team events, the first three teams will be awarded trophies.
- A special trophy will be given for each race record broken.
- At the end of the competition, cups will be awarded to the top clubs in the following categories:
 - Top Boys' Team
 - Top Girls' Team
 - Overall Winning Team

OPENING CEREMONY

The Opening Ceremony will take place on **Saturday evening** before the evening session.

CONTACT INFORMATION

For further information, please contact:

- **Tasos Kallitsaris** (Coach) – Phone: **+30 6944589677**
- **Giota Athanasiou** (Coach) – Phone: **+30 6977625479**
- **Konstantinos Alexakis** (Team Manager) – Phone: **+30 6974709746**

Competition Schedule

1st Session

Saturday 3 / 5 / 2025

Warm up 9.30 – Competition 10.30

1.	50μ.	BACKSTROKE	GIRLS-BOYS	8-9 AGE
2.	4X50μ.	MEDLEY RELAY	2 GIRLS- 2 BOYS	8-9 AGE

The races will start after the completion of the MINI (8-9 YEARS OLD) categories.

1.	50μ.	BACKSTROKE	GIRLS-BOYS	10-11-12 AGE
2.	100μ.	BREASTSTROKE	GIRLS-BOYS	10-11-12 AGE
3.	100μ.	BUTTERFLY	GIRLS-BOYS	11-12 AGE
4.	200μ.	FREESTYLE	GIRLS-BOYS	10-11-12 AGE
5.	4X50μ.	MEDLEY RELAY	2 GIRLS- 2 BOYS	10-11-12 AGE

2nd Session

Saturday 3 / 5 / 2025

Warm up 16.30 – Opening Ceremony 17.30 - Competition 17.45

1.	50	FREESTYLE	ΑΓΟΡΙΑ – ΚΟΡΙΤΣΙΑ	8-9 AGE
2.	50	BREASTSTROKE	ΑΓΟΡΙΑ – ΚΟΡΙΤΣΙΑ	8-9 AGE
3.	6X50μ.	FREESTYLE	3 ΑΓΟΡΙΑ – 3 ΚΟΡΙΤΣΙΑ	ΟΠΙΕΝ 8-9 AGE

The races will start after the completion of the MINI (8-9 YEARS OLD) categories.

1.	50	FREESTYLE	BOYS – GIRLS	10-11-12 AGE
2.	50	BREASTSTROKE	BOYS - GIRLS	10-11-12 AGE
3.	100	BACKSTROKE	BOYS - GIRLS	10-11-12 AGE
4.	200	I.M.	BOYS - GIRLS	10-11-12 AGE
5.	8X50μ.	FREESTYLE	4 BOYS –4 GIRLS	OPEN 10-11-12 AGE

3rd session

Sunday 4 / 5 / 2025

Warm up 9.00 – Competition 10.00

1.	100	FREESTYLE	BOYS - GIRLS	9 AGE
2.	50	BACKSTROKE	BOYS - GIRLS	8-9 AGE

The races will start after the completion of the MINI (8-9 YEARS OLD) categories.

1.	100	FREESTYLE	BOYS - GIRLS	9-10-11-12 AGE
2.	200	BACKSTROKE	BOYS - GIRLS	11-12 AGE
3.	200	BREASTSTROKE	BOYS - GIRLS	11-12 AGE
4.	50	BUTTERFLY	BOYS - GIRLS	8-9-10-11-12 AGE
5.	4X50μ.	MEDLEY RELAY	BOYS	1 BOY AGE 10, 1 BOY AGE 11, 1 BOY AGE 12, 1 BOY OPEN AGE
6.	4X50μ.	MEDLEY RELAY	GIRLS	1 GIRL AGE 10, 1 GIRL AGE 11, 1 GIRL AGE 12, 1 GIRL OPEN AGE



HOTELS

- **Hotel Ramada Plaza Thraki** Address 4o Km. National road Alexandroupolis - Thessaloniki, Alexandroupolis, 68100, Greece, phone number : [25510 89100](tel:2551089100)
- **Hotel 31 DOORS HOTEL** L. Dimokratias 422-424, Alexandroupolis, 68131, phone number [25510 33130](tel:2551033130)
- **Hotel ALEXANDER BEACH HOTEL @ SPA** Address 2o Km. National road Alexandroupolis - Komotini, Alexandroupolis, 68100, Greece, phone number : [25510 39290](tel:2551039290)
- **Hotel Nefeli Hotel Alexandroupolis** 5o Km. National Road Alexandroupolis - Komotini, Alexandroupolis, 68100, Greece , phone number : [25510 40401](tel:2551040401)
- **Hotel Astir*Egnatia Alexandroupolis** Dimokratias Avenue 280, Park Egnatia, Alexandroupolis, 68100, Evros , phone number : [25510 38000](tel:2551038000).



Website: www.oftha.gr



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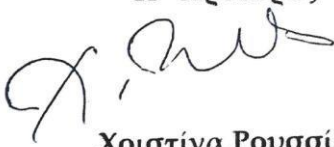
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Δημοτικό Κολυμβητήριο Αλεξανδρούπολη

<https://www.facebook.com/swimmingaxd/>

ΔΗΜΟΣΘΕΝΗΣ ΜΟΧΑΛΕΝΤΖΑΚΗΣ

Η Πρόεδρος

Χριστίνα Ρουσσίδου



Ο Γεν. Γραμματέας

Αθανάσιος Σταυρίδης