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4 2014 14.00, μ μ μ - . μ μ μ , ., email μμ μ .

18 2014 14.00. μμ μ - 9 . μ μ μ μ μ . μμ email : tasoswimmer1981@hotmail.com fax : 25510

23461.

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 - μ 3 μ .



ΦΑΡΟΣ
ΑΛΕΞΑΝΔΡΟΥΠΟΛΗΣ
2014

1

26 / 4 / 2014

μ 08.30 – 09.30

1.	50μ.		9-10-11-12	/
2.	200μ.		11-12	/
3.	200μ.		10-11-12	/
4.	100μ.		10-11-12	/
5.	4 50μ.	. .	9-10	/

2

26 / 4 / 2014

μ 16.00 – 16.45 - 17.00

1.	50μ.		9-10-11-12	/
2.	50μ.		9-10-11-12	/
3.	100μ.		11-12	/
4.	200μ.		11-12	/
5.	4 50μ.	. .	11-12	/

3

27 / 4 / 2014

μ 08.30 – 09.30

1.	50μ.		9-10-11-12	/
2.	100μ.		10-11-12	/
3.	200μ.	. .	10-11-12	/
4.	100μ.		10-11-12	/
5.	8 50μ.			/



**INTERNATIONAL SWIM MEET
AGES 9-12 YEARS OLD**

**FAROS
ALEXANDROUPOLIS
2014**

Oftha in cooperation with the municipality of Alexandroupolis and the Swimming committee of the Region of East Macedonia & Thrace and under the flag of Greek Swimming Federation are going to organize the first international swimming meeting called FAROS ALEXANDROUPOLIS 2014 which will take place in Alexandroupolis at 26 and 27 of April 2014.

The swim meet will be conducted at the municipal swimming pool of Alexandroupolis 50m. with 10 lanes and will be conducted according to the international rules of swimming. Also the recorded times will be official and will be recorded to the archive of Greek Swimming Federation

The results of the tournament are going to be displaced to the billboard 10 minutes after the ending of each event.

TERMS OF PARTICIPATION

All the members of Greek Swimming Federation will be able to participate, also all teams from abroad which will show interest in participating.

Athletes who are born the years 2005 (age 9), 2004 (age 10), 2003 (age 11), and 2002 (age 12).

The duration of the games will be 2 days and is included from 3 different unities (Saturday morning and afternoon and Sunday morning).

The games are going to begin at:

A. 26/4/2014 Saturday morning: warming-up at 08:30, opening of the games at 09:30

B. 26/4/2014 Saturday afternoon: warming-up at 16:00, ceremonial opening at 16:45, opening of the games at 17:00

C. 27/4/2014 Sunday morning: warming up at 8:30, races at 09:30.

SPECIAL TERMS OF PARTICIPATION

Each swimmer is allowed 2 individual races for athletes who are born 2005 (9 years old).

Each swimmer is allowed 3 individual races for athletes who are born 2004 (10 years old), 2003(11 years old) and 2002 (12 years old).

For every athlete 1 race per session can be chosen (relay races are not included at the previous restriction).As it concerns the relay race of 8x50 Freestyle of teams, for every team 4 boys and 4 girls no matter the age can be included and with whatever turn the coaches state.

Each individual race will be conducted in series of OPEN beginning with the slowest and concluding with the fastest, furthermore the commendation will be categorized. Also every time each athlete concludes his/her race the start for next one will be given while the previous athlete is still in the water. For that particular reason the coaches of every team should inform their athletes that as long as they finish their race they have to stay still at the rear of their route and they are allowed to leave the swimming pool after the next athlete has started, avoiding to touch the touch panels of the finish line.

PARTICIPATION STATEMENTS

All the participants athletes should have their documents validated from Greek Swimming Federation this notification does not include foreign athletes.

Until Friday 4 of April and 14:00 with the amount of athletes participating per age. This statement is necessary for the participation to the event. At this statement should be included names ,tel, email of the coaches and the curators who will represent each club to the event.

FINAL STATEMENT OF PARTICIPATION

Until Friday 18 of April and 14:00.

The exact amount of money that each athlete has to pay for his/her participation is 9 euros. The amount of money will be paid from each club to the registry of the event. The full amount for every club will be determined from the amount of participations the day of the games.

Statements of participation should be sent at the email: tasoswimmer1981@hotmail.com fax: 2551023461.

Each statement should be accompanied from state of the athlete, also the email of the club or the participant, notifications and the names and telephone numbers of the coaches and the curators.

TROPHIES

Diplomas and medals will be given to the first three winners of every race and each category.

The best swimmer according to the international scoring of FINA will be given a trophy.

All the participants will be rewarded with memorabilia diplomas.

The top three clubs will also be given a trophy.

CEREMONIAL OPENING

All the teams will be included to the parade with 2 athletes per sex.

For more information: oftha 2551023461, Mr. Tyligadas George 6945381427 (coach)

Mr, Kallitsaris Anastasios 6944589677 (coach).



ΟΜΙΛΟΣ ΦΙΛΩΝ ΘΑΛΑΣΣΗΣ ΑΛΕΞΑΝΔΡΟΥΠΟΛΗΣ

INTERNATIONAL SWIM MEET
AGES 9-12 YEARS OLD

FAROS
ALEXANDROUPOLIS
2014

PROGRAMME SCHEDULE

1st Unit

Saturday 26 / 4 / 2014

Warm up 08.30 – Game opening 09.30

1.	50m.	BUTTERFLY	9-10-11-12 ages	G/B
2.	200m.	BREASTROKE	11-12 ages	G/B
3.	200m.	FREESTYLE	10-11-12 ages	G/B
4.	100m.	BACKSTROKE	10-11-12 ages	G/B
5.	4 50m.	MEDLEY RELAY	9-10 ages	G/B

2nd Unit

Saturday 26 / 4 / 2014

Warm up 16.00 – Ceremonial opening 16.45 – Game opening 17.00

1.	50m.	FREESTYLE	9-10-11-12 ages	B/G
2.	50m.	BREASTROKE	9-10-11-12 ages	B/G
3.	100m.	BUTTERFLY	11-12 ages	B/G
4.	200m.	BACKSTROKE	11-12 ages	B/G
5.	4 50m.	MEDLEY RELAY	11-12 ages	B/G

3rd Unit

Sunday 27 / 4 / 2014

Warm up 08.30 – Game opening 09.30

1.	50m.	BACKSTROKE	9-10-11-12 ages	G/B
2.	100m.	FREESTYLE	10-11-12 ages	G/B
3.	200m.	I.M.	10-11-12 ages	G/B
4.	100m.	BREASTROKE	10-11-12 ages	G/B
5.	8 50m.	FREESTYLE	OPEN	G/B