

International Swimming Meeting For Swimmers aged from 13 and above



Faros – Elena Sairi 2024

Regional Swimming committee of Eastern Macedonia and Thrace Proclamation of swimming competition

OFTHA Swimming club of Alexandroupolis in cooperation with the municipality of Alexandroupolis and the Swimming Committee of the Region of East Macedonia & Thrace and under the auspices of the Hellenic Swimming Federation organizes the **International Swimming Meeting "FAROS - ELENA SAIRI 2024"** which will take place in the city of **Alexandroupolis from 23rd to 25th of February 2024.**

The competition will be conducted at the municipal swimming pool of **Alexandroupolis «Dimosthenis Michalentzakis»** 50 m with 10 lanes equipped with **OMEGA** timing system and will follow the WORLD AQUATICS rules.

The recorded times will be official and registered to the archive of the Hellenic Swimming Federation.

The results of the events are going to be displaced to the billboard 10 minutes after the end of each event.

The competition is approved as a qualifying event for the Olympic Games Paris 2024 by WORLD AQUATICS.

EVENT PROGRAMME

The Competition will take place in 5 sessions:

1st session - Friday 23/2/2024 Afternoon

Warm-up starts at 16:30 – Race starts at 17:30

2nd session - Saturday 24/2/2024 Morning

Warm-up starts at 08:30 - Race starts at 09:30 – Qualifying series

3rd session - Saturday 24/2/2024 Afternoon

Warm- up starts at 16:15 – Opening Ceremony of the event starts at 17:15 – Race starts at 17:30 – Final

4th session – Sunday 25/2/2024 Morning

Warm- up starts at 08:30 – Race starts at 09:30 - Qualifying series

5th session – Sunday 25/2/2024 Afternoon

Warm- up starts at 15:30 - Race starts at 16:30 - Final

RULES OF PARTICIPATION:

- Foreigner swimmers will be able to participate with times they achieved during international swimming competitions or any competition organized by their national swimming federation.
- Each swimmer is allowed to participate in up to 4 individual events in total and no more than 2 per swimming session.
- “Out of competition” participations will not be accepted.
- The morning session will include the Preliminary heats for all events, except those that will be conducted in Final heats. The afternoon session will include the Finals which are going to take place in two heats (“Final A” and “Junior Final”). Final A will include the swimmers with the 8 fastest times from the morning heats. “Junior Final” will include the swimmers with the 8 fastest times from the age group 13-16 years (y.o.b. 2011-2008, swimmers who have qualified for the “Final A” are excluded), up to the events of 400 meters. Medals will be awarded to the three fastest swimmers of each Final. Especially for the “Junior Final”, times from both Finals will be considered for the final classification. In case there are less than 6 swimmers competing in the “Junior Final”, the “Junior Final” shall not take place. At this case, times from the qualifying heats will be considered for the final classification, combined with the “Final A” times of the swimmers who have qualified for.
- The event of 400 meters individual medley shall be conducted in final heats.
- The events of 1500 meters freestyle women and 800 meters freestyle men shall be conducted in two final heats, including the 16 fastest times that will be submitted before the competition. The slowest heat will be conducted in the morning session and the fastest heat will be conducted in the afternoon session.
- The events of 1500 meters freestyle men and 800 meters freestyle women shall be conducted in two final heats, including the 16 fastest times that will be submitted before the competition.
- The participation fee for each swimmer is 23 euros (3 euros will be given to the Hellenic Swimming Federation according to its decision with number 622/e, 30/1/2018) and are expected to be submitted to the secretariat before the competition starts.
- The event shall be conducted according to the Integrity Code of WORLD AQUATICS for the sport of swimming and all individual races will be conducted according to the international regulations of WORLD AQUATICS and the regulations of the Hellenic Swimming Federation) in heats starting with the slowest and concluding with the fastest times (hereinafter referred to as “OPEN series”).

- Submitted times will be the fastest ones, achieved in an official competition after the 1st of January 2023, in a 50-meter-length pool.
- The competition will be conducted under the supervision of a doctor and a lifeguard in a swimming pool that has a sports facility license.

TROPHIES:

- Medals will be awarded to the first three winners of each of the Finals.
- Best swimmers (woman/man) will be awarded with 300€ each. The title will be awarded according to the WORLD AQUATICS Swimming Point System.
- Greek swimmers who achieve new national record will be awarded with 100€ (or gifts of the same value) each.

PARTICIPATION SUBMISSIONS:

The **deadline** for participation submissions is **Monday, 12th of February 2024**. In order for the submission to be considered successful, the sheets of participation shall be sent to the office of the Regional Swimming Committee of Eastern Macedonia and Thrace (FAX: 2510223434, email: pekoanmath@yahoo.gr) **and** to the email of the organizing swimming club (email: oftha.alexandroupolis@gmail.com).

The **deadline** for occurring cancelations or corrections is **Wednesday, 21st of February 2024, 14:00 (EET)**, which is the time when the final participation sheet will be uploaded online. No cancelations or corrections are going to be accepted after the deadline.

The participation sheets (per event and per swimming team) and the results of the competition will be uploaded to the webpage of the Hellenic Swimming Federation (www.koe.org.gr) in the session under the title "Regional Swimming Committee of Eastern Macedonia and Thrace - Announcements".

For more information or any clarification, you can contact: Mr. Giorgos Tiligadas, coach of OFTHA (p: (+30) 6945381427), Ms. Giota Athanasiou, coach of OFTHA (p: (+30) 6977625479), Mr. Tasos Kallitsaris, coach of OFTHA (p: (+30) 6944589677), Mr. Konstantinos Alexakis, curator of OFTHA (p: (+30) 6974709746) and Ms. Christina Roussidou, President of the Executive Board of OFTHA (p: (+30) 6975906707).

PROGRAMME SCHEDULE

1st Session

23 / 2 / 2024 – Friday Afternoon, 17.30

1. 50m. Backstroke Women (P)
2. 50m. Backstroke Men (P)
3. 50m. Freestyle Women (P)
4. 50m. Freestyle Men (P)
5. 400m. Individual Medley Women (F)
6. 400m. Individual Medley Men (F)
7. 800m. Freestyle Women (F)
8. 1500m. Freestyle Men (F)

The Victory Ceremony for the 5th and 6th event will take place during the 8th event.

The Victory Ceremony for the 7th and 8th event will take place after the end of the 1st session.

2nd Session (Preliminary Heats)

24/2/ 2024 – Saturday Morning, 9.30

1. 100m. Breaststroke Men
2. 100m. Breaststroke Women
3. 100m. Butterfly Men
4. 100m. Butterfly Women
5. 200m. Freestyle Men
6. 200m. Freestyle Women
7. 200m. Individual Medley Men
8. 200m. Individual Medley Women
9. 200m. Backstroke Men
10. 200m. Backstroke Women
11. 800m. Freestyle Men (slow heat)
12. 1500m. Freestyle Women (slow heat)

3rd Session (Finals)

24/2/ 2024 – Saturday Afternoon, 17.30

1. 800m. Freestyle Men (**fast heat**)
2. 100m. Breaststroke Women
3. 100m. Breaststroke Men
Victory Ceremony for the 1st event
4. 100m. Butterfly Women
5. 100m. Butterfly Men
Victory Ceremony for the 2nd and 3rd event
6. 200m. Freestyle Women
7. 200m. Freestyle Men
Victory Ceremony for the 4th and 5th event
8. 50m. Backstroke Women
9. 50m. Backstroke Men
Victory Ceremony for the 6th and 7th event
10. 200m. Individual Medley Women
11. 200m. Individual Medley Men
Victory Ceremony for the 8th and 9th event
12. 50m. Freestyle Women
13. 50m. Freestyle Men
Victory Ceremony for the 10th and 11th event
14. 200m. Backstroke Women
15. 200m. Backstroke Men
Victory Ceremony for the 12th and 13th event
16. 1500m. Freestyle Women (**fast heat**)

The Victory Ceremony for the 14th and 15th event will take place during the 16th event.

The Victory Ceremony for the 16th event will take place after the end of the 3rd session.

PROGRAMME SCHEDULE

4th Session (Preliminary Heats) **25/2/ 2024 – Sunday Morning, 9.30**

1. 100m. Freestyle Women
2. 100m. Freestyle Men
3. 50m. Breaststroke Women
4. 50m. Breaststroke Men
5. 100m. Backstroke Women
6. 100m. Backstroke Men
7. 200m. Butterfly Women
8. 200m. Butterfly Men
9. 400m. Freestyle Women
10. 400m. Freestyle Men
11. 200m. Breaststroke Women
12. 200m. Breaststroke Men
13. 50m. Butterfly Women
14. 50m. Butterfly Men

5th Session (Finals) **25/2/ 2024 – Sunday Afternoon, 16.30**

1. 100m. Freestyle Women
2. 100m. Freestyle Men
3. 50m. Breaststroke Women
4. 50m. Breaststroke Men
- Victory Ceremony for the 1st and 2nd event**
5. 100m. Backstroke Women
6. 100m. Backstroke Men
- Victory Ceremony for the 3rd and 4th event**
7. 200m. Butterfly Women
8. 200m. Butterfly Men
- Victory Ceremony for the 5th and 6th event**
9. 400m. Freestyle Women
10. 400m. Freestyle Men
- Victory Ceremony for the 7th and 8th event**
11. 200m. Breaststroke Women
12. 200m. Breaststroke Men
- Victory Ceremony for the 9th and 10th event**
13. 50m. Butterfly Women
14. 50m. Butterfly Men

The Victory Ceremony for the remaining events (11th to 14th) will take place after the end of the 5th session.



The President

Christina Roussidou

The Secretary General

Stavridis Athanasios

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SUGGESTED HOTELS

- **Hotel Ramada Plaza Thraki** - Address: 4th km. Ethnikis Odou Alexandroupolis - Thessaloniki, Alexandroupolis, 68100, Greece. Phone: +030[25510 89100](tel:+302551089100)
- **ALEXANDER BEACH HOTEL & SPA** - Address: 2nd km. Ethnikis Odou Alexandroupolis - Komotini, Alexandroupolis, 68100, Greece. Phone: +030[25510 39290](tel:+302551039290)
- **NEFELI HOTEL ALEXANDROUPOLIS** - Address: 5th km. Ethnikis Odou Alexandroupolis - Komotini, Alexandroupolis, 68100, Greece. Phone: +030[25510 40401](tel:+302551040401)
- **Hotel Astir*EgnatiaAlexandroupolis** - Address: Leoforos Dimokratias 280, ParkoEgnatias, Alexandroupolis, 68100, Greece. Phone: +030[25510 38000](tel:+302551038000)
- **Hotel31 DOORS HOTEL** Leoforos Dimokratias 422-424, Alexandroupolis, 68131, Greece. Phone: +03025510 33130



Website: www.oftha.gr



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MUNICIPAL SWIMMING POOL OF ALEXANDROUPOLIS "DIMOSTHENIS MICHALENTZAKIS"



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