

Hellenic Swimming Federation
Swimming District Committee of Macedonia



INVITATION FOR SWIMMING RACES



LEFKOS PIRGOS 2018

INTERNATIONAL SWIM MEETING

9-12 YEARS OLD

THESSALONIKI 12-13 MAY 2018

POSIDONIO SWIMMING POOL

INVITATION FOR SWIMMING RACES

P.E.K.K.D.M. (Swimming District Committee of Macedonia) under the aegis of K.O.E. (Hellenic Swimming Federation) organizes the International Swim Meeting "LEFKOS PIRGOS".

The meeting will be held on Saturday 12/5/2018 and on Sunday 13/5/2018 in the indoor swimming-pool 50m (8 lines) of "**POSIDONIO SWIMMING CENTER**" in Thessaloniki and will become according to the international regulations of swimming and the regulation of Hellenic Swimming Federation.

GENERAL RULES

Participating athletes: boys and girls born in 2009 (9 years old), 2008 (10 years old), 2007 (11 years old) and 2006 (12 years old).

- **2009 (9 years old),**
 - Up to 10 boys and 10 girls per swim team (club)
 - Up to 2 individual athletic events per athlete
 - Up to 1 athletic event per athlete in each session.
 - **2008 (10 years old),**
 - Up to 8 boys and 8 girls per swim team (club)
 - Up to 2 individual athletic events per athlete
 - Up to 1 athletic event per athlete in each session.
 - **2007 (11 years old),**
 - Up to 6 boys and 6 girls per swim team (club)
 - Up to 3 individual athletic events per athlete
 - Up to 2 freestyle events per athlete.
 - Up to 1 athletic event per athlete in each session.
 - **2006 (12 years old),**
 - Up to 6 boys and 6 girls per swim team (club)
 - Up to 3 individual athletic events per athlete
 - Up to 1 short distance (50m) event per athlete.
 - Up to 1 athletic event per athlete in each session.
- ✚ The events will be done in age groups beginning with the faster athletes.
- ✚ The start for each heat will be given immediately after the finish of last athlete of previous line; this is for economy of time.
- ✚ The duration of the races will be two (2) days and the sessions five (5).

The conducting times of the races are the following:

- + 1st Session, Athletes 11 & 12 years old,
 - **12/05/18 SATURDAY**: warm up 08:00, beginning 09:00.
- + 2nd Session, Athletes 09 & 10 years old,
 - **12/05/18 SATURDAY**: warm up 10:30, beginning 11:30.
- + 3rd Session, Athletes 11 & 12 years old, opening ceremony 17:45
 - **12/05/18 SATURDAY**: warm up 17:00, beginning 18:00.
- + 4th Session, Athletes 11 & 12 years old,
 - **13/05/18 SUNDAY**: warm up 08:00, beginning 9:00.
- + 5th Session, Athletes 09 & 10 years old,
 - **13/05/18 SUNDAY**: warm up 10:30, beginning 11:30.

ENTRY FORMS

- + Each swimming club must submit entry forms. The age of the foreigner's athletes will be proved by their passports.
- + The final entry date is **02/05/2018** and hour 14:00.
- + The participation fee is **10€** per athlete. For the foreigner's athletes this fee can be paid to the cashier of the organization before the beginning of the 1st Session.
- + In each entry form there must be written an electronic address (email) for further correspondence, briefings etc. with the swim club.
- + Please send your entry form to email: pekkm@otenet.gr or fax: 0030 **2310245881** at "P.E.K.K.D.M." offices in Thessaloniki, information tel.: 0030 2310245323.
- + The participations and the results will be announced in the website of KOE in link:
 - + <http://koe.org.gr/info/epitropi/kentroitikis-makedonias> until Thursday 10/05/18. We can accept corrections until Friday 11/05/18, 14:00, through fax or email to P.E.K.K.D.M.
- + It is not allowed any change in the participations of the athletes during the races



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INTERNATIONAL SWIM MEETING LEFKOS PIRGOS 2018

+ Technical meeting on Friday 11/05/18, 19:00 in “Posidonio Swimming Center ”

PRIZES

+ Places 1-3 of each age group per event, medals.

Visa affairs

Teams which are in need of visa to enter Greece for participating at “LEFKOS PIRGOS” are recommended to make a contact with their competent authorities and P.E.K.K.D.M. This should be done at the latest 40 days before final entry date to email: pekkdm@otenet.gr or fax: 0030 2310245881, information tel...: 0030 2310245323.

RACING PROGRAMME

1st_Session # Saturday 12/05/18

Warming up 08:00 # Beginning 09:00

1.	50m	BUTTERFLY	11-12	G/B
2.	50m	BREASTSTROKE	11-12	G/B
3.	100m	BACKSTROKE	11-12	G/B
4.	200m	FREESTYLE	11-12	G/B

2nd_Session # Saturday 12/05/18

Warming up 10:30 # Beginning 11:30

1.	50m	FREESTYLE	9-10	G/B
2.	50m	BREASTSTROKE	9-10	G/B
3.	100m	BACKSTROKE	10	G/B
4.	200m	I.MEDLEY	10	G/B
5.	8x50	(2+2)B+(2+2)G		mix

3rd_Session # Saturday 12/05/18

Warming up 17:00 # Opening Ceremony 17:45 # Beginning 18:00

1.	200m	BREASTSTROKE	11-12	B/G
2.	50m	FREESTYLE	11-12	B/G
3.	50m	BACKSTROKE	11-12	B/G
4.	100m	BUTTERFLY	11-12	B/G
5.	8x50	(2+2)B+(2+2)G		mix

4th_Session # Sunday 13/05/18

Warming up 08:00 # Beginning 09:00

1.	100m	BREASTSTROKE	11-12	G/B
2.	100m	FREESTYLE	11-12	G/B
3.	200m	BACKSTROKE	11-12	G/B
4.	200m	I.MEDLEY	11-12	G/B

5th_Session # Sunday 13/05/18

Warming up 10:30 # Beginning 11:30

1.	50m	BUTTERFLY	9-10	B/G
2.	50m	BACKSTROKE	9-10	B/G
3.	100m	BREASTSTROKE	10	B/G
4.	100m	FREESTYLE	9-10	B/G