

## SWIM RACES: “ΜΑΚΕΔΟΝΙΚΙ ΑΓΟΝΕΣ 2018”

### INVITATION FOR SWIMMING RACES

P.E.K.K.D.M. (Swimming District Committee of Macedonia) under the aegis of K.O.E. (Hellenic Swimming Federation) organizes the International Swim Meeting “ΜΑΚΕΔΟΝΙΚΙ ΑΓΟΝΕΣ 2018”.

The meeting will be held on 25, 26 & 27/5/2018 in the indoor swimming-pool 50m (8 lines) of “**POSIDONIO SWIMMING CENTER**” in Thessaloniki and will become according to the international regulations of swimming and the regulation of Hellenic Swimming Federation.

#### **GENERAL RULES**

##### **Participating athletes:**

- Boys and girls born in 2005 (13years old) and older.
- Up to 4 individual athletic events per athlete
- Up to 2 athletic event per athlete in each session.
- The athlete's' times should be better or equal to the racing limits on the last page of the invitation

##### **Participating Clubs:**

- **Events 50m & 100m, 12 athletes from each club**
- **Events 200m, 8 athletes from each club**
- **Events 400m, 4 athletes from each club**
- In the morning the qualifying session will be held.
- While in the evening the sixteen (16) best athletes from the qualifying session of each event of 50m, 100m & 200m will take part in the finals.
- As for 400m FREE women and men, only the best eight (8) athletes, considering their personal record during the swim season '17-'18 will take part in the evening finals. The rest slowest athletes will compete in the morning finals.
- As for 1500m women and 800m men, only the best eight (8) athletes – considering their personal record- session will take part in the finals.

- ✚ As for 1500m men and 800m women, only the best sixteen (16) athletes – considering their personal record- will take part in the finals.
- ✚ The duration of the races will be three (3) days and the sessions five (5).

### ENTRY FORMS

- ✚ Each swimming club must submit entry forms. The age of the foreigner's athletes will be proved by their passports.
- ✚ The final entry date is **Monday 14/05/2018** and hour 14:00.
- ✚ The participation fee is **10€** per athlete. For the foreigner's athletes this fee can be paid to the cashier of the organization before the beginning of the 1<sup>st</sup> Session.
- ✚ In each entry form there must be written an electronic address (email) for further correspondence, briefings etc. with the swim club.
- ✚ Please send your entry form to email: [pekkdm@otenet.gr](mailto:pekkdm@otenet.gr) or fax: 0030 **2310245881** at "P.E.K.K.D.M." offices in Thessaloniki, information tel.: 0030 2310245323.
- ✚ The results will be announced in the website of KOE in PEKKDM link <http://koe.org.gr/info/epitropi/kentrotitikis-makedonias>
- ✚ It is not allowed any change in the participations of the athletes during the races

### PRIZES

- ✚ Places 1-3 of per event, metals.

## RACING PROGRAMME

### 1<sup>st</sup>\_Session # Friday 25/05/18 # Warming up 17:00 # Beginning 18:00

1.	400m	I.MEDLEY	Women	Final
2.	400m	I.MEDLEY	Men	Final
3.	800m	FREESTYLE	Women	Final
4.	1500m	FREESTYLE	Men	Final

### 2<sup>st</sup>\_Session # Saturday 26/05/18 # Warming up 08:00 # Beginning 09:00

1.	100m	BREASTSTROKE	M/W	Qualifying
2.	100m	BUTTERFLY	M/W	Qualifying
3.	200m	FREESTYLE	M/W	Qualifying
4.	50m	BACKSTROKE	M/W	Qualifying
5.	200m	I.MEDLEY	M/W	Qualifying
6.	50m	FREESTYLE	M/W	Qualifying
7.	200m	BACKSTROKE	M/W	Qualifying

### 3<sup>rd</sup>\_Session # Saturday 26/05/18 # Warming up 17:00 # Beginning 18:00

1.	800m	FREESTYLE	Men	Final
2.	100m	BREASTSTROKE	W/M	Final
3.	100m	BUTTERFLY	W/M	Final
4.	200m	FREESTYLE	W/M	Final
5.	50m	BACKSTROKE	W/M	Final
6.	200m	I.MEDLEY	W/M	Final
7.	50m	FREESTYLE	W/M	Final
8.	200m	BACKSTROKE	W/M	Final
9.	1500m	FREESTYLE	Women	Final

### 4<sup>rd</sup>\_Session # Sunday 27/05/18 # Warming up 08:00 # Beginning 09:00

1.	100m	FREESTYLE	W/M	Qualifying
2.	50m	BREASTSTROKE	W/M	Qualifying
3.	100m	BACKSTROKE	W/M	Qualifying
4.	200m	BUTTERFLY	W/M	Qualifying
5.	400m	FREESTYLE	W/M	Final/SLOW
6.	200m	BREASTSTROKE	W/M	Qualifying
7.	50m	BUTTERFLY	W/M	Qualifying

### 5<sup>th</sup>\_Session # Sunday 27/05/18 # Warming up 16:00 # Beginning 17:00

1.	100m	FREESTYLE	W/M	Final
2.	50m	BREASTSTROKE	W/M	Final
3.	100m	BACKSTROKE	W/M	Final
4.	200m	BUTTERFLY	W/M	Final
5.	400m	FREESTYLE	W/M	Final/8FAST
6.	200m	BREASTSTROKE	W/M	Final
7.	50m	BUTTERFLY	W/M	Final

## Racing limits by event

EVENT		TIME
FREESTYLE 50μ.	BOYS	27.20
	GIRLS	30.90
FREESTYLE 100μ.	BOYS	58.80
	GIRLS	1.05.50
FREESTYLE 200μ.	BOYS	2.11.50
	GIRLS	2.24.00
FREESTYLE 400μ.	BOYS	4.37.00
	GIRLS	5.03.00
FREESTYLE 800μ.	BOYS	9.20.00
	GIRLS	10.16.00
FREESTYLE 1500μ.	BOYS	18.10.00
	GIRLS	18.56.00
BACKSTROKE 50μ.	BOYS	32.70
	GIRLS	36.50
BACKSTROKE 100μ.	BOYS	1.09.80
	GIRLS	1.18.10
BACKSTROKE 200μ.	BOYS	2.32.70
	GIRLS	2.45.20
BREASTROKE. 50μ.	BOYS	35.80
	GIRLS	41.00
BREASTROKE 100μ.	BOYS	1.17.30
	GIRLS	1.28.20
BREASTROKE 200μ.	BOYS	2.49.50
	GIRLS	3.08.10
FLY 50μ.	BOYS	29.80
	GIRLS	35.20
FLY 100μ.	BOYS	1.07.70
	GIRLS	1.16.80
FLY 200μ.	BOYS	2.32.50
	GIRLS	2.51.50
IND. MEDLEY 200μ.	BOYS	2.32.00
	GIRLS	2.46.50
IND. MEDLEY 400μ.	BOYS	5.19.00
	GIRLS	5.53.00