

MASTERS CHRISTMAS SPRINT MEET
14-15 December 2019 // Volos, Greece



❖ **Organisers:**

Hellenic Swimming Federation and the local club N.O.V.A.

❖ **General**

1. Entitled participate in Christmas Swim Meet are all the swimmers, registered or non-registered with a club, provided that they have sports ID issued by their respective Federation with updated health certificate.
2. The Sprint Meet will be held in 25m indoor pool.
3. The Sprint Meet will be held in 3 session and there will be electronic timing.
4. At the Sprint Meet each club may enter unlimited number of swimmers and each swimmer may be entered in maximum two individual events per session and not more than 6 individual events in total.
5. The Sprint Meet will be held as an Open Category meeting and the classification will be separately by FINA age group.

❖ **Important Dates**

- Competition: 14-15 December 2019
- Submission of entries deadline: 2 December 2019 at 14:00 hrs

❖ **Awards**

The three first swimmers in each event and category will receive medals and diplomas.

- ❖ The participation fee will be 30 euro which has to be paid to the Secretariat of the competition before the beginning of the meet.

Event Program



1st SESSION

Saturday afternoon 17:00

1	50m	Butterfly	Men
2	50m	Butterfly	Women
3	200m	Freestyle	Men
4	200m	Freestyle	Women
5	200m	Backstroke	Men
6	200m	Backstroke	Women
7	100m	Breaststroke	Men
8	100m	Breaststroke	Women
9	4x50m	Freestyle mixed	(2 men + 2 women)

2nd SESSION

Sunday morning 09:00

1	50m	Freestyle	Women
2	50m	Freestyle	Men
3	50m	Breaststroke	Women
4	50m	Breaststroke	Men
5	200m	Butterfly	Women
6	200m	Butterfly	Men
7	100m	Backstroke	Women
8	100m	Backstroke	Men
9	200m	Individual medley	Women
10	200m	Individual medley	Men
11	4x50m	Medley relay mixed	(2 men + 2 women)

3rd SESSION

Sunday afternoon 16:30

1	50m	Backstroke	Women
2	50m	Backstroke	Men
3	100m	Freestyle	Women
4	100m	Freestyle	Men
5	200m	Breaststroke	Women
6	200m	Breaststroke	Men
7	100m	Butterfly	Women
8	100m	Butterfly	Men
9	100m	Individual medley	Women
10	100m	Individual medley	Men

DECLARATION OF PARTICIPANT

Surname: _____
Name: _____
Date of birth: _____
Passport No or ID No: _____
Country: _____

I understand and accept that my participation in the Master Christmas Sprint Meet 2019 – Volos (GRE) called hereinafter “the EVENT” is subject to my acceptance of the following:

1. I am fully aware and conscious that participation in competitions requires a perfect health condition and a high level of physical fitness. I acknowledge that I am personally and solely responsible to ensure that my health is not affected and that I do have the required level of training and fitness to participate in the EVENT. By participating in the EVENT, I confirm that I consider to be in perfect health condition and that I have not received any information, including without limitation, advise by a physician or another person, that my health might be negatively affected or my level of fitness not be sufficient to participate in the EVENT.
2. On respect of information about myself (“Personal Data”), I agree to my Personal Data being collected, stored, processed and archived, by the Hellenic Swimming Federation and the EVENT Organising Committee. I understand and accept the Hellenic Swimming Federation and the EVENT Organising Committee, may film, photograph or otherwise record and use my name, likeness, appearance, voice and actions during and in connection with the EVENT.

Read and agreed:

Date: _____

Surname & Name:

Signature:
