



Alexandroupolis October 1, 2024

“ORFEAS - AGIOS NIKOLAOS 2024 SWIMMING COMPETITIONS”

RACING AND PRE-RACING CLASSES 10-11-12 YEARS OLD

NOTICE OF COMPETITION

DATES: Saturday 23 and Sunday November 24, 2024

In 4 racing sections Racing and Pre-racing category.

PLACE: MUNICIPAL SWIMMING POOL OF ALEXANDROUPOLIS

(Swimming pool of 10 routes)

TIMING:

Electronic system OMEGA, under the auspices of the P.E.CO.AN.MATH

ELIGIBILITY

- All clubs that are registered members of the Hellenic Swimming Federation of Greece and are registered in the electronic register of sports bodies of the General Secretariat of Agriculture that have special athletic recognition in the sport of swimming, with swimmers born:

Racing category 2012 and older.

Pre-racing category 2015 (10 years old), 2014 (11 years old), 2013 (12 years old).

- Athletes from foreign countries who will participate with the times they have achieved in international competitions or in competitions of their countries' federations

TERMS OF PARTICIPATION

Each club has the right to participate with:

- with unlimited number of swimmers per event.
- Each swimmer 10-11-12 years old has the right to participate in a maximum of 3 individual events, **two** individual events in each section and any Team events.



- Female swimmers 11 years old, of the 3 individual events that can participate, at least one (1) will not be a freestyle event.
- Female swimmers 12 years old, of the 3 individual events that can participate, only one (1) can be a 50m distance event.
- Each Racing Category swimmer in 6 events in total and up to 2 in each event section.
- A total of 8 male and 8 female athletes will participate in the 800 freestyle race (the 8 best times based on the record of the KOE until the date of the declarations).
- A total of 8 male and 8 female athletes will participate in the 1500 freestyle race (the 8 best times based on the record of the KOE until the date of the declarations). The event will be held at the end of the morning session.
- Entries outside the competition will not be accepted
- We reserve the right to modify the race schedule depending on the number of registrations to make it more flexible and of course there will be timely information.

DECLARATIONS OF PARTICIPATION

Participation declarations in the races should be submitted to the offices of PE.KO.AN.MATH until **Friday 15 November 2024** and time 14:00. Clubs can submit their entries electronically by e-mail to pekoanmath@yahoo.gr and all clubs are requested to confirm receipt of their entries.

The entry form is submitted by the club to which the swimmer belongs.

All participants in the above competitions, during the period of the competitions, must have valid health and accreditation cards (must be renewed every year).

PARTICIPATION COST

➤ RACING CATEGORY

The participation fee per swimmer of the Racing Category is 20 euros (based on the decision No. 622/E, 30/01/2018 of the KOE, the 3€ participation fee is paid to the Hellenic Swimming Federation of Greece), which will be paid before the start of the races to the treasurer of the swimming department of the club.

➤ PRE-RACING CATEGORY

The participation fee per swimmer of the Pre-Racing category is 17 euros (based on the decision No.622/E, 30/01/2018 of the KOC, the 3€ participation fee is attributed to the Hellenic Swimming Federation), which will be paid before the start of the races to the treasurer of the swimming department of the club.

TERMS OF THE COMPETITION

- The races will be conducted in accordance with the Integrity Code and the current WORLD AQUATICS regulations for the sport of swimming and the regulations of the KOE.
- Swimming competitions will be held under the supervision of a Medical Doctor, in a swimming pool that has a sports facility license.
- All the events in the cycle of the competition categories and the pre-competition categories will be held in final series, which will be established on the basis of the best performances of the participating swimmers, starting with the "fastest" (the one with the 8 best performances) and ending with the "slowest" series, regardless of age.
- The final results of all races will be posted on the KOE website www.koe.org.gr

OPENING CEREMONY

The opening ceremony will take place on Saturday 23 November 2024, at 17:30 p.m.

AWARDS – PRIZES

Pre-racing category

- the top three (3) winners of each event, per category, will be awarded medals.
 - 1) Born 2013
 - 2) Born 2014
 - 3) Born 2015

Racing category

- medals to the first three winners in the categories
- 1) TEENAGE BOYS - GIRLS AND OLDER (2008 +)
- 2) BOYS-GIRLS (2009-2010)
- 3) ALL BOYS AB-ALL GIRLS A (2011-2012)

INFORMATION – CLARIFICATIONS

Information will be given at the office of the Swimming Department of the Nautical Club of Alexandroupolis at tel. 2551024774, from the coach of N. O. Alexandroupolis, Mr. Delios Ioannis tel. 6980865929, as well as from the curators Mr. Kougoulos Michael tel. 6945894854 and Mr. Kalaitzidis Ioannis tel. 6983518204.

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RACING AND PRE-RACING CLASSES SCHEDULE

A' RACING DAY SATURDAY 23/11/2024

STARTING TIME 9:30 (WARMUP 08:30)

1. 50M BUTTERFLY MEN – WOMEN - 10-11-12 YEARS OLD
2. 50M BACKSTROKE MEN - WOMEN - 10-11-12 YEARS OLD
3. 200M FREESTYLE MEN - WOMEN - 10-11-12 YEARS OLD
4. 400M IDIVIDUAL MIDLEY MEN – WOMEN
5. 4X50 FREESTYLE MEN – WOMEN – 10 -11-12 YEARS OLD
6. 1500M FREESTYLE MEN - WOMEN

B' RACING DAY SATURDAY 23/11/2024
STARTING TIME 18:00 (WARMUP 16:30)

1. 50M FREESTYLE WOMEN - MEN -10-11-12 YEARS OLD
2. 100M BUTTERFLY WOMEN - MEN - 11-12 YEARS OLD
3. 100M BACKSTROKE WOMEN - MEN 10-11-12 YEARS OLD
4. 200M BREASTSTROKE WOMEN - MEN 11-12 YEARS OLD

C' RACING DAY SATURDAY 24/11/2024
STARTING TIME 9:00 (WARMUP 08:00)

1. 50M BREASTSTROKE MEN – WOMEN – 10-11-12 YEARS OLD
2. 200M BUTTERFLY MEN – WOMEN
3. 400M FREESTYLE MEN – WOMEN – 12 YEARS OLD
4. 200M INDIVIDUAL MEDLEY MEN – WOMEN 10-11-12 YEARS OLD
5. 4X50 MIXED TEAM MEDLEY MEN– WOMEN – 10-11-12 YEARS OLD

D' RACING DAY SATURDAY 24/11/2024
STARTING TIME 16:00 (WARMUP 15:00)

1. 100 FREESTYLE WOMEN – MEN 10-11-12 YEARS OLD
2. 100 BREASTSTROKE WOMEN – MEN – 10-11-12 YEARS OLD
3. 200 BACKSTROKE WOMEN – MEN – 11-12 YEARS OLD
4. 800 FREESTYLE WOMEN – MEN

WITH KIND REGARDS

THE PRESIDENT

THE GENERAL SECRETARY