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42nd NIOVEIA 2026

International Swimming Meet

The YMCA Thessaloniki marks its fortieth-first anniversary of the International Swim Meet Nioveia. The "42nd NIOVEIA" International Swimming Meet will occur on 3-5th April 2026, in Thessaloniki, Greece. The YMCA Thessaloniki, under the auspices of the Hellenic Swimming Federation (HSF) and with the collaboration of the YMCA Athletic Department here in Thessaloniki, invites you to the "42nd NIOVEIA" International Swim Meet.

Nioveia International Swimming Meet, which is included in [LEN's](#) and [WORLD AQUATICS CALENDAR](#), will be held in accordance with the international swimming rules of World Aquatics, the code of Ethics of World Aquatics, and the regulations of the Hellenic Swimming Federation (HSF). Therefore NIOVEIA is a qualifying competition for ***the World Championships, European Championships, etc.***

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General

The swimming meet will take place according to the Greek Government regulations based on the Hellenic Swimming Federation guidance for Swimming Competitions 2025-2026.

Participation

- Athletes of Age Group of 13 years and older - (born in 2013) by 31 December in the year of competition.
- Entry times shall be taken from the LEN Ranking list or the swim meets hosted by the individual's Federation.
- In the events of **400m MA Men-Women, 800m Men-Women, and 1500m Men-Women**, the entry times should be listed from the time period starting on the 1st of January 2025.

Competition Days

Friday 3rd, Saturday 4th and Sunday 5th of April, 2026.

Venue

- Swimming Pool: Poseidonio Swimming Pool (50m)
- Address: Marias Kallas, Thessaloniki, Greece 54646
- Warm Up pool: (50m) 8 lanes Indoor-Outdoor Pool
- Timing System & Starting Blocks: OMEGA
- Cool Down pool: (50m) 8 lanes Outdoor
- Warm Up:
 - Friday: 15:30 – 16:20 PM
 - Saturday: Prelims 07:30 – 08:50 AM
& Finals 17:00 – 17:40 PM
 - Sunday: Prelims 07:30 – 08:50 AM
& Finals 15:45 – 16:35 PM
- **After communication with the facilitators, the pool will be available for training groups on **Thursday 2nd of April.****

OPENING CEREMONY: Saturday 12/4/2024 - 17:45 pm

Entries (for foreign athletes)

- Entries are now made only through the H.S.F Platform. For international clubs that want to participate, they have to contact first to y.montesatos@koe.org.gr
- The participation of teams per club and per event will be posted on the HSF website (www.koe.org.gr), and any Deletions and Corrections must be made by Wednesday, 1/4/2026 at 12: 00p.m.
- International clubs should send an email to y.montesatos@koe.org.gr to receive a username, link, password, and manual. This process should be done 2 weeks before the competitions.
- International athletes must also submit a document/certificate from the relevant swimming federation confirming their membership and eligibility to participate in the event.
- Declarations of Team Events must also be made through the Platform (for the official part), and individual Deletions must be made in accordance with the time frames set by the HSF, 30 minutes before the start of each session
- **Deadline: Friday 20th of March**
- After the deadline, no correction or withdrawal will be taken into consideration for the formation of the qualifying heats.
- Entry Fees:
 - 28 euro (€) for 3 events/athlete
 - For each additional event is 2 euro (€) per event
- Based on the decision of the 25th Board of HSF (18 Sep 2025), each club is to attribute € 5 per participant-swimmer to the HSF.
- A deposit receipt will be given with the entry form
- **Account number for depositing the participation fees:**
 - **Bank EUROBANK BENEFICIARY YMCA OF THESSALONIKI IBAN:**
GR 98 0260 2030 0008 5010 1021 910
 - For example: "Team GREECE, Cause: PARTICIPATION IN NIOVEIA".

Qualification System

- Three (3) finals (C-B-A) for all the events of **50m**
- Two (2) finals (B-A) for all the events of **100m, 200m**

- **400m** IM (24 fastest times)
- **800m** women/men and **1500m** men/women only final heats (16 fastest times)
- **400m** freestyle men and women only 32 fastest times (4 heats) and only Final heats will take place. (3 Morning Final Heats and 1 Afternoon Final Heat)
 - For ages 13-14 years old only 8 fastest entry-times will be able to compete at the evening finals of Saturday.
- **4x50m** freestyle mixed & **4x50m** medley mixed relays are free for the participating teams and athletes
- **200m** (any event) - unlimited number of entries per swimming team.
- Notice of any corrections or withdrawals shall be reported 45 minutes before the commencement of the relevant session.
- For the events of 400m free, 800m free, 1500m free, and 400m IM men and women, **only final heats** will take place.
- Please do not exit the water until after the start of the next heat! (Fly-over start).
Swimmers in the water should not do anything to distract the next swimmer such as; not holding the block, bobbing, cheering, or celebrating.
- Starting times:
 - **Friday 3/4/2026:** 16:30PM
 - **Saturday 4/4/2026 - Prelims:** 09:00 AM - **Finals:** 18:00 PM
 - **Sunday 5/4/2026 - Prelims:** 09:00 AM - **Finals:** 16:45 PM

Awards

- Medals will be awarded to the first three winners of each event (Open).
- Also for Age Group, medals will be awarded for ages 13-14 y.o from the times of the preliminaries(not the Finals)
- According to the FINA point system, the best Male and Female athletes will receive a trophy and an award (will be notified later)
- According to the FINA point system, the best Male and Female athletes in Age Groups (13-14,15-16,17-18, U23 years old)will receive a trophy.

FOR ALL THE PARTICIPANTS

- A concession stand in the lobby outside of the pool will provide energy fruits and water for all swimmers.
- Will receive a competition T-shirt.



Kind Regards,
YMCA Director
Vasilis Ioannou

42nd NIOVEIA 2026

Swimming Meet Schedule

Friday 3/4/2026

Day 1 – Friday – 16:30				
1.	1500m	Freestyle	Men	Final heats
2.	800m	Freestyle	Women	Final heats
3	400m	Ind. Medley	Men	Final heats
4.	400m	Ind. Medley	Women	Final heats
5.	50m	Backstroke	Men	Preliminaries
6.	50m	Backstroke	Women	Preliminaries

7.	50m	Breastroke	Men	Preliminaries
8.	50m	Breastroke	Women	Preliminaries

Saturday 4/4/2026

Day 2– Prelims Saturday – 9:00				
1.	100m	Freestyle	Men	Preliminaries
2.	100m	Freestyle	Women	Preliminaries
3	200m	Ind. Medley	Men	Preliminaries
4.	200m	Ind. Medley	Women	Preliminaries
5.	100m	Butterfly	Men	Preliminaries
6.	100m	Butterfly	Women	Preliminaries
7.	200m	Backstroke	Men	Preliminaries
8.	200m	Backstroke	Women	Preliminaries
9.	200m	Breastroke	Men	Preliminaries
10.	200m	Breastroke	Women	Preliminaries
11.	400m	Freestyle	Men	3 Slower Heats
12.	400m	Freestyle	Women	3 Slower Heats

*** Day 2 - Opening Ceremony at 17:45**

Day 2 – Finals Saturday – 18:00				
1.	50m	Backstroke	Men	Finals
2.	50m	Backstroke	Women	Finals
3	50m	Breastroke	Men	Finals
4.	50m	Breastroke	Women	Finals

5	100m	Freestyle	Men	Finals
6.	100m	Freestyle	Women	Finals
7.	200m	Ind. Medley	Men	Finals
8.	200m	Ind. Medley	Women	Finals
9.	100m	Butterfly	Men	Finals
10.	100m	Butterfly	Women	Finals
11.	200m	Backstroke	Men	Finals
12.	200m	Backstroke	Women	Finals
13.	200m	Backstroke	Men	Finals
14.	200m	Backstroke	Women	Finals
15.	400m	Freestyle	Men	Fast H. and Heat13-14 y.o
16.	400m	Freestyle	Women	Fast H. and Heat13-14 y.o
17.	4x50m	Freestyle MIXED		

Sunday 5/4/2026

Day 3 – Prelims Sunday – 9:00				
1.	50m	Freestyle	Men	Preliminaries
2.	50m	Freestyle	Women	Preliminaries
3	50m	Butterfly	Men	Preliminaries
4.	50m	Butterfly	Women	Preliminaries
5.	100m	Breastroke	Men	Preliminaries
6.	100m	Breastroke	Women	Preliminaries
7.	100m	Backstroke	Men	Preliminaries
8.	100m	Backstroke	Women	Preliminaries
9.	200m	Freestyle	Men	Preliminaries
10.	200m	Freestyle	Women	Preliminaries
11.	200m	Butterfly	Men	Preliminaries

12.	200m	Butterfly	Women	Preliminaries
13.	800m	Freestyle	Men	Slower Heat
14.	1500m	Freestyle	Women	Slower Heat

Day 3 – Finals Sunday – 16:45				
1.	800m	Freestyle	Men	Finals
2.	1500m	Freestyle	Women	Finals
3	50m	Freestyle	Men	Finals
4.	50m	Freestyle	Women	Finals
5	50m	Butterfly	Men	Finals
6.	50m	Butterfly	Women	Finals
7.	100m	Breastroke	Men	Finals
8.	100m	Breastroke	Women	Finals
9.	100m	Backstroke	Men	Finals
10.	100m	Backstroke	Women	Finals
11.	200m	Freestyle	Men	Finals
12.	200m	Freestyle	Women	Finals
13.	200m	Butterfly	Men	Finals
14.	200m	Butterfly	Women	Finals
15.	4x50m	Medley MIXED		