WINTER COMPETITION OPEN/JUNIOR 18-19/2/2023

SATURDAY 18/2/2023 "OPEN(SENIOR SETUP)"

- 09:00-10:30 WARM UP WITH MUSIC (DUET/MIXED DUET)
- 10:30-14:00 DUET TECH ROUTINE/MIXED DUET TECH ROUTINE
- 17:00-18:00 WARM UP WITH MUSIC (TEAM)
- 18:00-20:30 TEAM TECH ROUTINE

SUNDAY 19/2/2023 "JUNIOR"

- 09:00-10:30 WARM UP WITH MUSIC (DUET/MIXED DUET)
- 10:30-14:00 DUET TECH ROUTINE/MIXED DUET TECH ROUTINE
- 17:00-18:00 WARM UP WITH MUSIC (TEAM)
- 18:00-20:30 TEAM TECH ROUTINE