



39th Nioveia 2023 Time Scedule 7-9/4/2023 - Thessaloniki, 50m

*Το ωρολόγιο πρόγραμμα είναι ενδεικτικό και υπολογίζεται κατα προσέγγιση. Ενδεχομένως να υπάρχουν αποκλίσεις +/- 15 λεπτών. Παρακολουθείτε την πορεία των αγώνων σε κάθε περίπτωση.

**Οι χρόνοι των αγωνισμάτων έχουν υπολογιστεί με παραδοχή την γρήγορη ροή όπου οι αθλητές που τερματίζουν περιμένουν στη διαδρομή τους και εξέρχονται από την πισίνα αφού δοθεί η εκκίνηση της επόμενης σειράς.(fly-over start)

7/4/2023 - Friday 18:00				Heats	Duration	Time Schedule
A' Session	Prelims/Finals					
1	50m	Backstroke	Men	11	11'	18.00
2	50m	Backstroke	Women	10	10'	18.11
3	50m	Breastroke	Men	8	8'	18.21
4	50m	Breastroke	Women	9	9'	18.29
5	400m	In. Medley	Men	3	20'	18.38
6	400m	In. Medley	Women	3	20'	18.58
7	1500m	Freestyle	Men	2	40'	19.18
8	800m	Freestyle	Women	2	21'	19.58

139'

20.19

8/4/2023 - Saturday 09:00				Heats	Duration	Time Schedule
B' Session	Prelims					
1	100m	Freestyle	Men	20	38'	09:00
2	100m	Freestyle	Women	17	32'	09.38
3	200m	In. Medley	Men	5	17'	10.10
4	200m	In. Medley	Women	6	20'	10.27
5	100m	Butterfly	Men	7	13'	10.47
6	100m	Butterfly	Women	5	9'	11.00
7	200m	Backstroke	Men	5	18'	11.09
8	200m	Backstroke	Women	4	14'	11.27
9	200m	Breastroke	Men	4	16'	11.41
10	200m	Breastroke	Women	6	24'	11.57
11	400m	Freestyle	Men	3	15'	12.21

12 400m Freestyle Women 3 15' 12.36

Επιμέλεια Παντῆς Παντελής

231'

12:51

8/4/2023 - Saturday 17:45				Heats	Duration	Time Schedule
C' Session	Finals					
1	50m	Backstroke	Men	3	5'	18.00
2	50m	Backstroke	Women	3	5'	18.05
3	50m	Breastroke	Men	3	5'	18.10
4	50m	Breastroke	Women	3	5'	18.15
Medal Ceremony 50m Backstroke					3'	18.20
5	100m	Freestyle	Men	2	5'	18.23
6	100m	Freestyle	Women	2	5'	18.28
Medal Ceremony 50m Breastroke					3'	18.33
7	200m	In. Medley	Men	2	7'	18.36
8	200m	In. Medley	Women	2	7'	18.43
Medal Ceremony 100m Freestyle					3'	18.50
9	100m	Butterfly	Men	2	5'	18.53
10	100m	Butterfly	Women	2	5'	18.58
Medal Ceremony 200m In.Medley					3'	19.03
11	200m	Backstroke	Men	2	7'	19.06
12	200m	Backstroke	Women	2	7'	19.13
Medal Ceremony 100m Butterfly					3'	19.20
13	200m	Breastroke	Men	2	8'	19.23
14	200m	Breastroke	Women	2	8'	19.31
Medal Ceremony 200m Backstroke					3'	19.39
15	400m	Freestyle	Men	1	5'	19.42
16	400m	Freestyle	Women	1	5'	19.47
Medal Ceremony 200m Breastroke					3'	19.52
17	4x50m	Freestyle	MIXED		9'	19.55
Medal Ceremony 400m Freestyle & 4x50 Free Mixed					5'	20.04

Επιμέλεια Παντῆς Παντελής

129'

20.09

9/4/2023 - Sunday 09:00				Heats	Duration	Time Schedule
D' Session	Prelims					
1	50m	Freestyle	Men	17	17'	09:00
2	50m	Freestyle	Women	16	16'	09.17
3	50m	Butterfly	Men	11	11'	09.33
4	50m	Butterfly	Women	9	9'	09.44
5	100m	Breastroke	Men	6	12'	09.53
6	100m	Breastroke	Women	9	18'	10.05
7	100m	Backstroke	Men	7	14'	11.23
8	100m	Backstroke	Women	6	12'	11.37
9	200m	Freestyle	Men	12	33'	11.49
10	200m	Freestyle	Women	9	27'	11.22
11	200m	Butterfly	Men	4	16'	11.49
12	200m	Butterfly	Women	2	8'	12.05
13	800m	Freestyle	Men	1	12'	12.13
14	1500m	Freestyle	Women	1	20'	12.25

225'

12.45

9/4/2023 - Sunday 16:45				Heats	Duration	Time Schedule
E' Session	Finals					
1	800m	Freestyle	Men	1	10'	16.45
2	1500m	Freestyle	Women	1	20'	16.55
3	50m	Freestyle	Men	3	5'	17.15
4	50m	Freestyle	Women	3	5'	17.20
Medal Ceremony 800m &1500m Freestyle					3'	17.25
5	50m	Butterfly	Men	3	5'	17.28
6	50m	Butterfly	Women	3	5'	17.33
Medal Ceremony 50m Freestyle					3'	17.38
7	100m	Breastroke	Men	2	6'	17.41
8	100m	Breastroke	Women	2	6'	17.47
Medal Ceremony 50m Butterfly					3'	17.53
9	100m	Backstroke	Men	2	8'	17.56
10	100m	Backstroke	Women	2	8'	18.04
Medal Ceremony 100m Breastroke					3'	18.12
11	200m	Freestyle	Men	2	6'	18.15
12	200m	Freestyle	Women	2	6'	18.21
Medal Ceremony 100m Backstroke					3'	18.27
13	200m	Butterfly	Men	2	9'	18.30
14	200m	Butterfly	Women	2	9'	18.39
Medal Ceremony 200m Freestyle					3'	18.48
15	4x50m	Medley Relay	Mixed	1	4'	18.51
Medal Ceremony 200m Butterfly & 4x50 Medley Mixed					5'	18.55

