



## 39th Nioveia 2023 Time Scedule 7-9/4/2023 - Thessaloniki, 50m

\*Το ωρολόγιο πρόγραμμα είναι ενδεικτικό και υπολογίζεται κατα προσέγγιση. Ενδεχομένως να υπάρχουν αποκλίσεις +/- 15 λεπτών. Παρακολουθείτε την πορεία των αγώνων σε κάθε περίπτωση.

\*\*Οι χρόνοι των αγωνισμάτων έχουν υπολογιστεί με παραδοχή την γρήγορη ροή όπου οι αθλητές που τερματίζουν περιμένουν στη διαδρομή τους και εξέρχονται από την πισίνα αφού δοθεί η εκκίνηση της επόμενης σειράς.(fly-over start)

<b>7/4/2023 - Friday 18:00</b>						
<b>A' Session</b>	<b>Prelims/Finals</b>			<b>Heats</b>	<b>Duration</b>	<b>Time Schedule</b>
<b>1</b>	50m	Backstroke	Men	11	11'	18.00
<b>2</b>	50m	Backstroke	Women	10	10'	18.11
<b>3</b>	50m	Breastroke	Men	8	8'	18.21
<b>4</b>	50m	Breastroke	Women	9	9'	18.29
<b>5</b>	400m	In. Medley	Men	3	20'	18.38
<b>6</b>	400m	In. Medley	Women	3	20'	18.58
<b>7</b>	1500m	Freestyle	Men	2	40'	19.18
<b>8</b>	800m	Freestyle	Women	2	21'	19.58

**139'**

**20.19**

<b>8/4/2023 - Saturday 09:00</b>						
<b>B' Session</b>	<b>Prelims</b>			<b>Heats</b>	<b>Duration</b>	<b>Time Schedule</b>
<b>1</b>	100m	Freestyle	Men	20	38'	09:00
<b>2</b>	100m	Freestyle	Women	17	32'	09.38
<b>3</b>	200m	In. Medley	Men	5	17'	10.10
<b>4</b>	200m	In. Medley	Women	6	20'	10.27
<b>5</b>	100m	Butterfly	Men	7	13'	10.47
<b>6</b>	100m	Butterfly	Women	5	9'	11.00
<b>7</b>	200m	Backstroke	Men	5	18'	11.09
<b>8</b>	200m	Backstroke	Women	4	14'	11.27
<b>9</b>	200m	Breastroke	Men	4	16'	11.41
<b>10</b>	200m	Breastroke	Women	6	24'	11.57
<b>11</b>	400m	Freestyle	Men	3	15'	12.21
<b>12</b>	400m	Freestyle	Women	3	15'	12.36

Επιμέλεια Παντής Παντελής

**231'**

**12:51**

**8/4/2023 - Saturday 17:45**

C' Session	Finals	Heats	Duration	Time Schedule
<b>1</b>	50m Backstroke Men	3	5'	18.00
<b>2</b>	50m Backstroke Women	3	5'	18.05
<b>3</b>	50m Breaststroke Men	3	5'	18.10
<b>4</b>	50m Breaststroke Women	3	5'	18.15
	Medal Ceremony 50m Backstroke		3'	18.20
<b>5</b>	100m Freestyle Men	2	5'	18.23
<b>6</b>	100m Freestyle Women	2	5'	18.28
	Medal Ceremony 50m Breaststroke		3'	18.33
<b>7</b>	200m In. Medley Men	2	7'	18.36
<b>8</b>	200m In. Medley Women	2	7'	18.43
	Medal Ceremony 100m Freestyle		3'	18.50
<b>9</b>	100m Butterfly Men	2	5'	18.53
<b>10</b>	100m Butterfly Women	2	5'	18.58
	Medal Ceremony 200m In. Medley		3'	19.03
<b>11</b>	200m Backstroke Men	2	7'	19.06
<b>12</b>	200m Backstroke Women	2	7'	19.13
	Medal Ceremony 100m Butterfly		3'	19.20
<b>13</b>	200m Breaststroke Men	2	8'	19.23
<b>14</b>	200m Breaststroke Women	2	8'	19.31
	Medal Ceremony 200m Backstroke		3'	19.39
<b>15</b>	400m Freestyle Men	1	5'	19.42
<b>16</b>	400m Freestyle Women	1	5'	19.47
	Medal Ceremony 200m Breaststroke		3'	19.52
<b>17</b>	4x50m Freestyle MIXED		9'	19.55
	Medal Ceremony 400m Freestyle & 4x50 Free Mixed		5'	20.04

Επιμέλεια Παντῆς Παντελής

**129'****20.09**

**9/4/2023 - Sunday 09:00**

<b>D' Session</b>	<b>Prelims</b>		<b>Heats</b>	<b>Duration</b>	<b>Time Schedule</b>	
<b>1</b>	50m	Freestyle	Men	17	38'	09:00
<b>2</b>	50m	Freestyle	Women	16	38'	09.38
<b>3</b>	50m	Butterfly	Men	11	8'	10.16
<b>4</b>	50m	Butterfly	Women	9	9'	10.24
<b>5</b>	100m	Breastroke	Men	6	22'	10.33
<b>6</b>	100m	Breastroke	Women	9	16'	10.55
<b>7</b>	100m	Backstroke	Men	7	7'	11.11
<b>8</b>	100m	Backstroke	Women	6	10'	11.18
<b>9</b>	200m	Freestyle	Men	12	25'	11.28
<b>10</b>	200m	Freestyle	Women	9	25'	11.53
<b>11</b>	200m	Butterfly	Men	4	16'	12.18
<b>12</b>	200m	Butterfly	Women	2	20'	12.34
<b>13</b>	800m	Freestyle	Men	1	12'	12.54
<b>14</b>	1500m	Freestyle	Women	1	20'	13.06

**260'**

**13.26**

**9/4/2023 - Sunday 16:45**

<b>E' Session</b>	<b>Finals</b>	<b>Heats</b>	<b>Duration</b>	<b>Time Schedule</b>
<b>1</b>	800m Freestyle Men	1	10'	16.45
<b>2</b>	1500m Freestyle Women	1	20'	16.55
<b>3</b>	50m Freestyle Men	3	5'	17.15
<b>4</b>	50m Freestyle Women	3	5'	17.20
Medal Ceremony 800m &1500m Freestyle			3'	17.25
<b>5</b>	50m Butterfly Men	3	5'	17.28
<b>6</b>	50m Butterfly Women	3	5'	17.33
Medal Ceremony 50m Freestyle			3'	17.38
<b>7</b>	100m Breaststroke Men	2	6'	17.41
<b>8</b>	100m Breaststroke Women	2	6'	17.47
Medal Ceremony 50m Butterfly			3'	17.53
<b>9</b>	100m Backstroke Men	2	8'	17.56
<b>10</b>	100m Backstroke Women	2	8'	18.04
Medal Ceremony 100m Breaststroke			3'	18.12
<b>11</b>	200m Freestyle Men	2	6'	18.15
<b>12</b>	200m Freestyle Women	2	6'	18.21
Medal Ceremony 100m Backstroke			3'	18.27
<b>13</b>	200m Butterfly Men	2	9'	18.30
<b>14</b>	200m Butterfly Women	2	9'	18.39
Medal Ceremony 200m Freestyle			3'	18.48
<b>15</b>	4x50m Medley Relay Mixed	1	4'	18.51
Medal Ceremony 200m Butterfly & 4x50 Medley Mixed			5'	18.55

Επιμέλεια Παντής Παντελής

**135'****19.00**