

**ΗΜΕΡΙΔΑ ΚΟΛΥΜΒΗΣΗΣ ΧΕΙΜΕΡΙΝΗΣ ΠΕΡΙΟΔΟΥ 23-24**  
**ΗΛΙΟΥΠΟΛΗ**  
**18 - 19/11/2023**

**RESULTS**

**200m FREESTYLE - JUNIORS (50m)**

**19/11/2023 AM**

**# 1**

<b>Rnk.</b>	<b>No.</b>	<b>FullName</b>	<b>B.D.</b>	<b>Team</b>	<b>Category</b>	<b>Result</b>	<b>Points</b>
<b>1.</b>	171087	RODSKA AGGELIKI	2007	ANOG	JUF	02:22.98	
<b>2.</b>	166152	KOUKI HRISTINA	2006	NO ILIOUPO	JUF	02:24.09	
<b>3.</b>	168618	GALANAKI ELENI	2007	PANIONIOS	JUF	02:31.22	
<b>4.</b>	175004	KOTSOGLOU VASILIKI	2007	OLYB73	JUF	02:32.99	
<b>5.</b>	167770	FOTEINOU ALEXANDRA	2007	PANIONIOS	JUF	02:33.35	

**ΗΜΕΡΙΔΑ ΚΟΛΥΜΒΗΣΗΣ ΧΕΙΜΕΡΙΝΗΣ ΠΕΡΙΟΔΟΥ 23-24****ΗΛΙΟΥΠΟΛΗ****18 - 19/11/2023****RESULTS****200m FREESTYLE - GIRLS 15-16 (50m)****19/11/2023 AM****# 2**

<b>Rnk.</b>	<b>No.</b>	<b>FullName</b>	<b>B.D.</b>	<b>Team</b>	<b>Category</b>	<b>Result</b>	<b>Points</b>
1.	179689	IOANNIDI SOFIA	2009	AKOVV	16F	02:17.18	
2.	175002	VALILI OLGA	2008	OLYB73	16F	02:17.91	
3.	185197	NOMIKOU ANASTASIA	2009	NO ILIOUPO	16F	02:19.91	
4.	181480	RODIU ANDRIANNA	2008	ANOG	16F	02:22.00	
5.	179550	MAYRADZA HRISTINA	2009	A.S.K.A.L	16F	02:22.69	
6.	181495	BAKOULA MELINA	2008	ANOARGYR	16F	02:23.22	
7.	175166	KOLETSOU VASILIKI	2008	ANOARGYR	16F	02:23.75	
8.	179197	KABOURI DIMITRA	2009	NO ILIOUPO	16F	02:24.11	
9.	182828	VLAHOU AIKATERINI	2008	A.S.K.A.L	16F	02:24.45	
10.	175165	KOLETSOU ELLI MARIA	2008	ANOARGYR	16F	02:24.97	
11.	182829	BOULOUGARI VASILEIA	2008	ANOG	16F	02:27.86	
12.	183622	GKRATZIOU STYLIANI	2008	ANOG	16F	02:28.09	
13.	173729	ZONKA HRISTINA	2008	ANOARGYR	16F	02:28.75	
14.	179768	MIHAILIDOU AGGELIKI	2009	ANOG	16F	02:29.84	
15.	185260	STAMOU AGGELIKI	2008	A.S.K.A.L	16F	02:31.30	
16.	183168	NIKOLLA MELINA	2009	ANOARGYR	16F	02:31.87	
17.	193104	GELASAKI NIKOLETA	2009	ARIONFYLLIS	16F	02:32.14	
18.	180619	VOSSOU KLEOPATRA	2009	NO ILIOUPO	16F	02:33.37	
19.	184494	AGGELOPOULOU EYTHYMIA	2008	ANOG	16F	02:37.71	
20.	181851	VELISSARIDI EYA	2009	ANOARGYR	16F	02:38.03	
21.	189359	ZAHARIOU ELISAVET DESPOINA	2009	AKOVV	16F	02:38.41	
22.	203467	BOURA ELENI IOANNA	2009	PANIONIOS	16F	02:43.18	
23.	190614	MOSHOPOULOU KASSIANI	2009	PANIONIOS	16F	02:54.53	

**ΗΜΕΡΙΔΑ ΚΟΛΥΜΒΗΣΗΣ ΧΕΙΜΕΡΙΝΗΣ ΠΕΡΙΟΔΟΥ 23-24**  
**ΗΛΙΟΥΠΟΛΗ**  
**18 - 19/11/2023**

**RESULTS**

**200m FREESTYLE - GIRLS 14 (50m)**

**19/11/2023 AM**

**# 3**

<b>Rnk.</b>	<b>No.</b>	<b>FullName</b>	<b>B.D.</b>	<b>Team</b>	<b>Category</b>	<b>Result</b>	<b>Points</b>
1.	203220	SOTIRIOU VALERIA	2010	OLYB73	14F	02:23.79	
2.	186871	KARADAKI VASILIKI	2010	PANIONIOS	14F	02:31.30	
3.	196209	TRIADAFYLLAKI ADAMADIA	2010	ARIONFYLLIS	14F	02:32.27	
4.	188557	DASKALOPOULOU NEFELI	2010	ANOARGYR	14F	02:35.67	
5.	188559	DASKALOPOULOU DANAI	2010	ANOARGYR	14F	02:36.25	
6.	195231	THEOHARIDOU ALEXANDRA	2010	NO ILIOUPO	14F	02:39.59	
7.	196517	PAPADOPOULOU NATALIA	2010	A.S.K.A.L	14F	02:40.06	
8.	190549	SKOLARIKI MARIA	2010	A.S.K.A.L	14F	02:41.81	
9.	184042	PAPAGRIGORAKI MARIA	2010	OLYB73	14F	02:42.19	
10.	198038	KARRA ANASTASIA	2010	ANOARGYR	14F	02:43.44	
11.	184165	BOULOUGARI AGGELINA	2010	ANOG	14F	02:47.74	
12.	197747	IERONYMAKI DANAI	2010	PANIONIOS	14F	02:51.81	
	198282	BELONI NIKOLETA	2010	ANOARGYR	14F		
	194293	GERARDOU KATERINA	2010	OLYB73	14F		

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**RESULTS**

**200m FREESTYLE - GIRLS 13 (50m)**

**19/11/2023 AM**

**# 4**

<b>Rnk.</b>	<b>No.</b>	<b>FullName</b>	<b>B.D.</b>	<b>Team</b>	<b>Category</b>	<b>Result</b>	<b>Points</b>
1.	200059	DOUROU ANNA	2011	PANIONIOS	13F	02:39.04	
2.	193102	SKOURLIAKOU ELENI	2011	ARIONFYLLIS	13F	02:41.38	
3.	189691	MIHA SOFIA	2011	PANIONIOS	13F	02:42.10	
4.	199124	ARVANITI AIKATERINI	2011	NO ILIOUPO	13F	02:44.46	
5.	189360	PAPADOPOULOU ELPIDA	2011	AKOVV	13F	02:44.76	
6.	193105	PAPOUTSAKI FLORA EYAGGELIA	2011	ARIONFYLLIS	13F	02:46.65	
7.	193773	BOLOSI HRYSI	2011	AKOVV	13F	02:47.04	
8.	195055	LOGARA EIRINI HRYSOVALADOU	2011	OLYB73	13F	02:47.34	
9.	189362	HONDROKOUKI AFRODITI VASI	2011	AKOVV	13F	02:51.98	
10.	197756	GIANNOUDI ILIANA	2011	NO ILIOUPO	13F	02:52.59	
11.	192268	ZOGRAFAKI NIKOLETA	2011	PANIONIOS	13F	02:55.72	
12.	191362	GALAKTOPOULOU HRISTINA	2011	AKOVV	13F	02:56.67	
13.	197024	KOUKA MARIA ELENI	2011	NO ILIOUPO	13F	02:59.96	
14.	196167	HONDROBILA PANAGIOTA	2011	AKOVV	13F	03:05.38	
15.	203513	FRAGKOU AIKATERINI	2011	NO ILIOUPO	13F	03:28.70	
	193772	BEGA EYGENIA	2011	AKOVV	13F		

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ΗΛΙΟΥΠΟΛΗ  
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**RESULTS**

**200m FREESTYLE - WOMEN 19-23 (50m)**

**19/11/2023 AM**

**# 5**

<b>Rnk.</b>	<b>No.</b>	<b>FullName</b>	<b>B.D.</b>	<b>Team</b>	<b>Category</b>	<b>Result</b>	<b>Points</b>
<b>1.</b>	159628	KAPETANAKI ANNA MARIA	2004	AKO IL.ALM	NEF	02:38.36	

**ΗΜΕΡΙΔΑ ΚΟΛΥΜΒΗΣΗΣ ΧΕΙΜΕΡΙΝΗΣ ΠΕΡΙΟΔΟΥ 23-24**  
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**18 - 19/11/2023**

**RESULTS**

**200m FREESTYLE - MEN (50m)**

**19/11/2023 AM**

**# 6**

<u>Rnk.</u>	<u>No.</u>	<u>FullName</u>	<u>B.D.</u>	<u>Team</u>	<u>Category</u>	<u>Result</u>	<u>Points</u>
1.	144030	PARIANOS DIMITRIOS	2000	NOALEX	ASM	01:54.91	

**ΗΜΕΡΙΔΑ ΚΟΛΥΜΒΗΣΗΣ ΧΕΙΜΕΡΙΝΗΣ ΠΕΡΙΟΔΟΥ 23-24**  
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**RESULTS**

**200m FREESTYLE - JUNIORS (50m)**

**19/11/2023 AM**

**# 7**

<b>Rnk.</b>	<b>No.</b>	<b>FullName</b>	<b>B.D.</b>	<b>Team</b>	<b>Category</b>	<b>Result</b>	<b>Points</b>
<b>1.</b>	166489	HAHAMOPOULOS KONSTADINOS	2007	ANOG	JUM	02:10.03	
<b>2.</b>	166823	KALLIERIS GEORGIOS NIKOLAO	2007	OLYB73	JUM	02:11.66	
<b>3.</b>	174486	ZOIDIS THEODOROS	2007	A.S.K.A.L	JUM	02:16.25	
<b>4.</b>	199269	AKTYPIS DIMITRIOS	2007	PANIONIOS	JUM	02:18.14	
<b>5.</b>	199109	KEDROS IOANNIS	2007	ANOARGYR	JUM	02:27.22	

**ΗΜΕΡΙΔΑ ΚΟΛΥΜΒΗΣΗΣ ΧΕΙΜΕΡΙΝΗΣ ΠΕΡΙΟΔΟΥ 23-24**  
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**RESULTS**

**200m FREESTYLE - BOYS 15-16 (50m)**

**19/11/2023 AM**

**# 8**

<b>Rnk.</b>	<b>No.</b>	<b>FullName</b>	<b>B.D.</b>	<b>Team</b>	<b>Category</b>	<b>Result</b>	<b>Points</b>
1.	176224	KAPRALOS NIKITAS	2008	ANOG	16M	02:01.68	
2.	180332	MATSAKAS ATHANASIOS	2008	ANOG	16M	02:05.10	
3.	177560	MOUSGAS THOMAS	2009	ANOARGYR	16M	02:10.78	
4.	180097	TATALIAS DIMITRIOS LAZAROS	2009	OLYB73	16M	02:13.05	
5.	169781	GERASIMIDIS EYSTATHIOS	2009	A.S.K.A.L	16M	02:13.30	
6.	176740	ALEXANDROU PAYLOS	2008	AKOVV	16M	02:14.86	
7.	188707	GKRATZIOS GEORGIOS	2008	ANOG	16M	02:15.47	
8.	179686	PAPADOPOULOS THEODOROS	2009	AKOVV	16M	02:16.15	
9.	186968	BERDEBES IRAKLIS	2008	ANOARGYR	16M	02:16.53	
10.	180615	VOSSOS ELPIDOFOROS	2009	NO ILIOUPO	16M	02:17.00	
11.	174499	GEORGAKOPOULOS ADONIOS	2008	PANIONIOS	16M	02:17.22	
12.	180904	KONIDARIS ERNESTO	2008	NO ILIOUPO	16M	02:17.79	
13.	181575	TSIKAS LEONIDAS	2009	AKO IL.ALM	16M	02:18.89	
14.	182599	DELIPETROS APOSTOLOS MIHAI	2009	NO ILIOUPO	16M	02:22.23	
15.	188057	VASILEIADIS NIKOLAOS	2009	OLYB73	16M	02:22.28	
16.	173595	HARBAS IOANNIS	2008	ANOARGYR	16M	02:23.89	
17.	180781	ZONKAS GEORGIOS	2009	ANOARGYR	16M	02:27.78	

180336 ROZAKIS HRISTOS APOLLON 2009 ANOARGYR 16M



**ΗΜΕΡΙΔΑ ΚΟΛΥΜΒΗΣΗΣ ΧΕΙΜΕΡΙΝΗΣ ΠΕΡΙΟΔΟΥ 23-24**  
**ΗΛΙΟΥΠΟΛΗ**  
**18 - 19/11/2023**

**RESULTS**

**200m FREESTYLE - BOYS 14 (50m)**

**19/11/2023 AM**

**# 9**

<b>Rnk.</b>	<b>No.</b>	<b>FullName</b>	<b>B.D.</b>	<b>Team</b>	<b>Category</b>	<b>Result</b>	<b>Points</b>
1.	185259	ZOIDIS LOUKAS	2010	A.S.K.A.L	14M	02:18.69	
2.	184164	KOURTIDIS EYAGGELOS	2010	ANOG	14M	02:25.06	
3.	191155	LYBEROPOULOS KYRIAKOS	2010	NO ILIOUPO	14M	02:25.07	
4.	196681	KOPETINAS STAYROS	2010	ENOA	14M	02:28.30	
5.	184679	FOTEINOS DIMITRIOS	2010	PANIONIOS	14M	02:36.93	
6.	188075	MESSINEZIS IASONAS	2010	NO ILIOUPO	14M	02:41.83	

**ΗΜΕΡΙΔΑ ΚΟΛΥΜΒΗΣΗΣ ΧΕΙΜΕΡΙΝΗΣ ΠΕΡΙΟΔΟΥ 23-24**  
**ΗΛΙΟΥΠΟΛΗ**  
**18 - 19/11/2023**

**RESULTS**

**200m FREESTYLE - BOYS 13 (50m)**

**19/11/2023 AM**

**# 10**

<b>Rnk.</b>	<b>No.</b>	<b>FullName</b>	<b>B.D.</b>	<b>Team</b>	<b>Category</b>	<b>Result</b>	<b>Points</b>
1.	198299	ΠΑΗΙΑΚΟΣ ΠΑΔΕΛΕΙΜΟΝ	2011	ΑΝΟΓ	13M	02:22.90	
2.	196555	ΤΣΙΑΠΙΣ ΓΕΩΡΓΙΟΣ	2011	ΠΑΝΙΟΝΙΟΣ	13M	02:24.49	
3.	191269	ΤΥΡΟΣ ΙΟΑΝΝΙΣ	2011	ΕΟΡΡΡ	13M	02:24.62	
4.	189698	ΚΕΛΕΡΤΖΙΣ ΑΚΙΝΔΥΝΟΣ	2011	ΠΑΝΙΟΝΙΟΣ	13M	02:28.14	
5.	192283	ΓΡΙΒΑΣ ΔΙΟΝΥΣΙΟΣ	2011	ΠΑΝΙΟΝΙΟΣ	13M	02:40.47	
6.	197352	ΠΕΔΑΒΑΤΖΙΣ ΔΙΜΙΤΡΙΟΣ	2011	ΕΟΡΡΡ	13M	02:48.72	
7.	189569	ΤΑΣΙΟΥΛΑΣ ΑΝΑΣΤΑΣΙΟΣ	2011	ΟΛΥΒ73	13M	03:13.84	

**ΗΜΕΡΙΔΑ ΚΟΛΥΜΒΗΣΗΣ ΧΕΙΜΕΡΙΝΗΣ ΠΕΡΙΟΔΟΥ 23-24**  
**ΗΛΙΟΥΠΟΛΗ**  
**18 - 19/11/2023**

**RESULTS**

**200m FREESTYLE - MEN 19-23 (50m)**

**19/11/2023 AM**

**# 11**

<b>Rnk.</b>	<b>No.</b>	<b>FullName</b>	<b>B.D.</b>	<b>Team</b>	<b>Category</b>	<b>Result</b>	<b>Points</b>
<b>1.</b>	160167	MATSAKAS ELEYTHERIOS	2005	ANOG	NEM	01:56.59	
<b>2.</b>	155121	MAYROGENIS IOANNIS	2004	ANOG	NEM	02:02.30	
<b>3.</b>	172161	ALEXANDROU PANAGIOTIS	2005	AKOVV	NEM	02:15.90	
<b>4.</b>	155198	ZAFEIRATOS PANAGIOTIS	2005	EOFPF	NEM	02:17.84	
<b>5.</b>	186396	SABATAKAKIS DIMITRIOS	2003	AKOVV	NEM	02:50.44	

**ΗΜΕΡΙΔΑ ΚΟΛΥΜΒΗΣΗΣ ΧΕΙΜΕΡΙΝΗΣ ΠΕΡΙΟΔΟΥ 23-24**  
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**18 - 19/11/2023**

**RESULTS**

**50m BREASTSTROKE - JUNIORS (50m)**

**19/11/2023 AM**

**# 12**

<u>Rnk.</u>	<u>No.</u>	<u>FullName</u>	<u>B.D.</u>	<u>Team</u>	<u>Category</u>	<u>Result</u>	<u>Points</u>
<b>1.</b>	184532	ASIMAKOPOULOU MARIA	2007	A.S.K.A.L	JUF	00:43.85	

**ΗΜΕΡΙΔΑ ΚΟΛΥΜΒΗΣΗΣ ΧΕΙΜΕΡΙΝΗΣ ΠΕΡΙΟΔΟΥ 23-24**  
**ΗΛΙΟΥΠΟΛΗ**  
**18 - 19/11/2023**

**RESULTS**

**50m BREASTSTROKE - GIRLS 15-16 (50m)**

**19/11/2023 AM**

**# 13**

<b>Rnk.</b>	<b>No.</b>	<b>FullName</b>	<b>B.D.</b>	<b>Team</b>	<b>Category</b>	<b>Result</b>	<b>Points</b>
1.	178150	VELAGIA VASILIKI	2009	ARIONFY LIS	16F	00:36.75	
2.	179198	SAMOLI MARKELLA	2009	PANIONIOS	16F	00:37.53	
3.	175165	KOLETSOU ELLI MARIA	2008	ANOARGYR	16F	00:38.02	
4.	179199	HAROKOPOU GARYFALLIA	2009	PANIONIOS	16F	00:41.07	
5.	188445	HARONITAKI NEFELI	2009	NO ILIOUPO	16F	00:42.75	
6.	207482	PAPADOPOULOU ANASTASIA	2009	OLYB73	16F	00:56.05	

**ΗΜΕΡΙΔΑ ΚΟΛΥΜΒΗΣΗΣ ΧΕΙΜΕΡΙΝΗΣ ΠΕΡΙΟΔΟΥ 23-24**  
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**50m BREASTSTROKE - GIRLS 14 (50m)**

**19/11/2023 AM**

**# 14**

<b>Rnk.</b>	<b>No.</b>	<b>FullName</b>	<b>B.D.</b>	<b>Team</b>	<b>Category</b>	<b>Result</b>	<b>Points</b>
<b>1.</b>	188823	ARGYROPOULOU ALKISTIS	2010	ANOARGYR	14F	00:52.60	
<b>2.</b>	208546	PAPPA FOTEINI	2010	ANOARGYR	14F	00:56.25	

**ΗΜΕΡΙΔΑ ΚΟΛΥΜΒΗΣΗΣ ΧΕΙΜΕΡΙΝΗΣ ΠΕΡΙΟΔΟΥ 23-24**  
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**50m BREASTSTROKE - GIRLS 13 (50m)**

**19/11/2023 AM**

**# 15**

<b>Rnk.</b>	<b>No.</b>	<b>FullName</b>	<b>B.D.</b>	<b>Team</b>	<b>Category</b>	<b>Result</b>	<b>Points</b>
1.	190488	KOLOVOU ELENI	2011	ANOG	13F	00:38.09	
2.	186632	TSIKA MARINA PANAGIOTA	2011	AKO IL.ALM	13F	00:44.14	
3.	189362	HONDROKOUKI AFRODITI VASI	2011	AKOVV	13F	00:44.41	
4.	193773	BOLOSI HRYSI	2011	AKOVV	13F	00:44.50	
5.	193108	KARVOUNI ANASTASIA AGAPI	2011	ARIONFYLLIS	13F	00:45.43	
6.	195992	KALOGIANNI ANASTASIA	2011	ENOA	13F	00:47.42	
7.	191362	GALAKTOPOULOU HRISTINA	2011	AKOVV	13F	00:47.76	
8.	193893	LAZARIDI MIHAELA	2011	A.S.K.A.L	13F	00:49.28	
9.	186665	DROSOU MARIA FOTEINI	2011	A.S.K.A.L	13F	00:51.18	
10.	199730	MAMALI TSABIKA VASILIKI	2011	ANOARGYR	13F	00:52.84	
11.	202688	KALAITSIDI AMALIA	2011	OLYB73	13F	00:57.53	
12.	198035	KOURTI MARIA	2011	ANOARGYR	13F	00:57.66	

**ΗΜΕΡΙΔΑ ΚΟΛΥΜΒΗΣΗΣ ΧΕΙΜΕΡΙΝΗΣ ΠΕΡΙΟΔΟΥ 23-24**  
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**50m BREASTSTROKE - JUNIORS (50m)**

**19/11/2023 AM**

**# 16**

<b>Rnk.</b>	<b>No.</b>	<b>FullName</b>	<b>B.D.</b>	<b>Team</b>	<b>Category</b>	<b>Result</b>	<b>Points</b>
<b>1.</b>	163221	SPANOS DIMITRIOS	2006	EOFPF	JUM	00:32.81	



**ΗΜΕΡΙΔΑ ΚΟΛΥΜΒΗΣΗΣ ΧΕΙΜΕΡΙΝΗΣ ΠΕΡΙΟΔΟΥ 23-24**  
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**18 - 19/11/2023**

**RESULTS**

**50m BREASTSTROKE - BOYS 15-16 (50m)**

**19/11/2023 AM**

**# 17**

<b>Rnk.</b>	<b>No.</b>	<b>FullName</b>	<b>B.D.</b>	<b>Team</b>	<b>Category</b>	<b>Result</b>	<b>Points</b>
<b>1.</b>	172946	PSALIDAS EYSTATHIOS	2008	A.S.K.A.L	16M	00:34.34	
<b>2.</b>	169818	LAZAR AGGELOS	2008	AKO IL.ALM	16M	00:34.82	
<b>3.</b>	193107	BLETSAS ATHANASIOS	2009	ARIONFY LIS	16M	00:36.15	
<b>4.</b>	181575	TSIKAS LEONIDAS	2009	AKO IL.ALM	16M	00:36.66	
	199203	THEODOROU DIMITRIOS MARIO	2008	ARIONFY LIS	16M		

**ΗΜΕΡΙΔΑ ΚΟΛΥΜΒΗΣΗΣ ΧΕΙΜΕΡΙΝΗΣ ΠΕΡΙΟΔΟΥ 23-24**  
**ΗΛΙΟΥΠΟΛΗ**  
**18 - 19/11/2023**

**RESULTS**

**50m BREASTSTROKE - BOYS 14 (50m)**

**19/11/2023 AM**

**# 18**

<b>Rnk.</b>	<b>No.</b>	<b>FullName</b>	<b>B.D.</b>	<b>Team</b>	<b>Category</b>	<b>Result</b>	<b>Points</b>
<b>1.</b>	188819	SKARMOUSOS ATHANASIOS	2010	ANOARGYR	14M	00:40.13	

**ΗΜΕΡΙΔΑ ΚΟΛΥΜΒΗΣΗΣ ΧΕΙΜΕΡΙΝΗΣ ΠΕΡΙΟΔΟΥ 23-24**  
**ΗΛΙΟΥΠΟΛΗ**  
**18 - 19/11/2023**

**RESULTS**

**50m BREASTSTROKE - BOYS 13 (50m)**

**19/11/2023 AM**

**# 19**

<b>Rnk.</b>	<b>No.</b>	<b>FullName</b>	<b>B.D.</b>	<b>Team</b>	<b>Category</b>	<b>Result</b>	<b>Points</b>
1.	194055	KAZAKOS VASILEIOS	2011	ENOA	13M	00:36.06	
2.	189697	BITSAKOS SPYROS	2011	PANIONIOS	13M	00:36.15	
3.	190555	PSALIDAS GEORGIOS	2011	A.S.K.A.L	13M	00:44.72	
4.	191883	ZABARAS FOTIOS	2011	AKO IL.ALM	13M	00:46.13	
5.	195993	KYRIAZIS NIKOLAOS	2011	ENOA	13M	00:46.99	
6.	197585	ANDRIS PANAGIOTIS	2011	ENOA	13M	00:50.65	
7.	196525	BALABANIS ORESTIS	2011	ANOARGYR	13M	00:52.21	

190551 DIMITRAS IOANNIS MIHAIL 2011 A.S.K.A.L 13M

**ΗΜΕΡΙΔΑ ΚΟΛΥΜΒΗΣΗΣ ΧΕΙΜΕΡΙΝΗΣ ΠΕΡΙΟΔΟΥ 23-24**  
**ΗΛΙΟΥΠΟΛΗ**  
**18 - 19/11/2023**

**RESULTS**

**50m BREASTSTROKE - MEN 19-23 (50m)**

**19/11/2023 AM**

**# 20**

<b>Rnk.</b>	<b>No.</b>	<b>FullName</b>	<b>B.D.</b>	<b>Team</b>	<b>Category</b>	<b>Result</b>	<b>Points</b>
<b>1.</b>	176854	GIANNATSIS GEORGIOS	2005	ARIONFY LIS	NEM	00:34.96	
<b>2.</b>	155198	ZAFEIRATOS PANAGIOTIS	2005	EOF PF	NEM	00:37.55	

**ΗΜΕΡΙΔΑ ΚΟΛΥΜΒΗΣΗΣ ΧΕΙΜΕΡΙΝΗΣ ΠΕΡΙΟΔΟΥ 23-24**  
**ΗΛΙΟΥΠΟΛΗ**  
**18 - 19/11/2023**

**RESULTS**

**100m BUTTERFLY - JUNIORS (50m)**

**19/11/2023 AM**

**# 21**

<u>Rnk.</u>	<u>No.</u>	<u>FullName</u>	<u>B.D.</u>	<u>Team</u>	<u>Category</u>	<u>Result</u>	<u>Points</u>
	166074	KOUKOULESKOU ALEXANDRA	2007	AKO IL.ALM	JUF		

**ΗΜΕΡΙΔΑ ΚΟΛΥΜΒΗΣΗΣ ΧΕΙΜΕΡΙΝΗΣ ΠΕΡΙΟΔΟΥ 23-24**  
**ΗΛΙΟΥΠΟΛΗ**  
**18 - 19/11/2023**

**RESULTS**

**100m BUTTERFLY - GIRLS 15-16 (50m)**

**19/11/2023 AM**

**# 22**

<b>Rnk.</b>	<b>No.</b>	<b>FullName</b>	<b>B.D.</b>	<b>Team</b>	<b>Category</b>	<b>Result</b>	<b>Points</b>
1.	179202	HAROKOPOU EYAGGELIA	2009	PANIONIOS	16F	01:09.58	
2.	178383	VAGGOPOULOU NATALIA	2009	ANOG	16F	01:09.97	
3.	180339	NASTOPOULOU ELISAVET MARIA	2008	ANOG	16F	01:11.21	
4.	179689	IOANNIDI SOFIA	2009	AKOVV	16F	01:12.12	
5.	175166	KOLETSOU VASILIKI	2008	ANOARGYR	16F	01:13.57	
6.	179969	GEORGIOTI RODANTHI	2009	PANIONIOS	16F	01:15.43	
7.	176694	PAYLIDOU STELLA	2008	PANIONIOS	16F	01:15.99	
8.	176689	KORITA MELINA	2008	PANIONIOS	16F	01:17.68	
9.	176683	FLORAKI ARTEMIS	2009	A.S.K.A.L	16F	01:22.03	
	176690	FOTIOU STAMATOULA	2008	PANIONIOS	16F		

**ΗΜΕΡΙΔΑ ΚΟΛΥΜΒΗΣΗΣ ΧΕΙΜΕΡΙΝΗΣ ΠΕΡΙΟΔΟΥ 23-24**  
**ΗΛΙΟΥΠΟΛΗ**  
**18 - 19/11/2023**

**RESULTS**

**100m BUTTERFLY - GIRLS 14 (50m)**

**19/11/2023 AM**

**# 23**

<b>Rnk.</b>	<b>No.</b>	<b>FullName</b>	<b>B.D.</b>	<b>Team</b>	<b>Category</b>	<b>Result</b>	<b>Points</b>
<b>1.</b>	190559	EXARHOU GEORGIA ATHANASIA	2010	A.S.K.A.L	14F	01:15.25	
<b>2.</b>	186871	KARADAKI VASILIKI	2010	PANIONIOS	14F	01:18.15	
<b>3.</b>	188557	DASKALOPOULOU NEFELI	2010	ANOARGYR	14F	01:18.34	
<b>4.</b>	186755	MELIHOURTI ZOI MARINA	2010	NO ILIOUPO	14F	01:21.56	
<b>5.</b>	184162	ILIAKI SOFIA	2010	ANOG	14F	01:21.60	
<b>6.</b>	184042	PAPAGRIGORAKI MARIA	2010	OLYB73	14F	01:24.60	

**ΗΜΕΡΙΔΑ ΚΟΛΥΜΒΗΣΗΣ ΧΕΙΜΕΡΙΝΗΣ ΠΕΡΙΟΔΟΥ 23-24**  
**ΗΛΙΟΥΠΟΛΗ**  
**18 - 19/11/2023**

**RESULTS**

**100m BUTTERFLY - GIRLS 13 (50m)**

**19/11/2023 AM**

**# 24**

<b>Rnk.</b>	<b>No.</b>	<b>FullName</b>	<b>B.D.</b>	<b>Team</b>	<b>Category</b>	<b>Result</b>	<b>Points</b>
<b>1.</b>	186632	TSIKA MARINA PANAGIOTA	2011	AKO IL.ALM	13F	01:29.42	
<b>2.</b>	190700	HONDROKOSTA PINELOPI	2011	ANOARGYR	13F	01:32.10	
<b>3.</b>	202057	TRIADAFYLLOPOULOU SOFIA	2011	AKO IL.ALM	13F	01:35.07	
<b>4.</b>	192284	PETRO MARINA	2011	PANIONIOS	13F	01:42.51	

193772 BEGA EYGENIA 2011 AKOVV 13F



**ΗΜΕΡΙΔΑ ΚΟΛΥΜΒΗΣΗΣ ΧΕΙΜΕΡΙΝΗΣ ΠΕΡΙΟΔΟΥ 23-24**  
**ΗΛΙΟΥΠΟΛΗ**  
**18 - 19/11/2023**

**RESULTS**

**100m BUTTERFLY - WOMEN 19-23 (50m)**

**19/11/2023 AM**

**# 25**

<b>Rnk.</b>	<b>No.</b>	<b>FullName</b>	<b>B.D.</b>	<b>Team</b>	<b>Category</b>	<b>Result</b>	<b>Points</b>
<b>1.</b>	164610	ROUMANA ATHANASIA	2005	ANOARGYR	NEF	01:08.19	
<b>2.</b>	159955	KODOU KYRIAKI	2005	ANOARGYR	NEF	01:11.86	

**ΗΜΕΡΙΔΑ ΚΟΛΥΜΒΗΣΗΣ ΧΕΙΜΕΡΙΝΗΣ ΠΕΡΙΟΔΟΥ 23-24**  
**ΗΛΙΟΥΠΟΛΗ**  
**18 - 19/11/2023**

**RESULTS**

**100m BUTTERFLY - JUNIORS (50m)**

**19/11/2023 AM**

**# 26**

<b>Rnk.</b>	<b>No.</b>	<b>FullName</b>	<b>B.D.</b>	<b>Team</b>	<b>Category</b>	<b>Result</b>	<b>Points</b>
<b>1.</b>	163534	MIKEDIS IOANNIS	2006	EOFPF	JUM	01:03.66	
<b>2.</b>	173395	KOTSIARIS STAYROS	2006	EOFPF	JUM	01:04.63	
<b>3.</b>	168621	PAPAGRIGORAKIS DIMITRIOS	2007	OLYB73	JUM	01:09.36	

166466 ROZAKIS ALEXANDROS SPYRID 2007 ANOARGYR JUM

**ΗΜΕΡΙΔΑ ΚΟΛΥΜΒΗΣΗΣ ΧΕΙΜΕΡΙΝΗΣ ΠΕΡΙΟΔΟΥ 23-24**  
**ΗΛΙΟΥΠΟΛΗ**  
**18 - 19/11/2023**

**RESULTS**

**100m BUTTERFLY - BOYS 15-16 (50m)**

**19/11/2023 AM**

**# 27**

<b>Rnk.</b>	<b>No.</b>	<b>FullName</b>	<b>B.D.</b>	<b>Team</b>	<b>Category</b>	<b>Result</b>	<b>Points</b>
1.	176699	KOSTOPOULOS LABROS	2008	PANIONIOS	16M	01:01.24	
2.	176715	MELIHOURTIS ANASTASIOS	2008	NO ILIOUPO	16M	01:05.30	
3.	176740	ALEXANDROU PAYLOS	2008	AKOVV	16M	01:08.23	
4.	179686	PAPADOPOULOS THEODOROS	2009	AKOVV	16M	01:09.45	
5.	182675	LEKAS MARKOS	2008	PANIONIOS	16M	01:11.56	
6.	174497	GEORGAKOPOULOS HARALABOS	2008	PANIONIOS	16M	01:12.30	
7.	176339	PIPPIS STEFANOS KONSTADINO	2008	ANOG	16M	01:16.95	

**ΗΜΕΡΙΔΑ ΚΟΛΥΜΒΗΣΗΣ ΧΕΙΜΕΡΙΝΗΣ ΠΕΡΙΟΔΟΥ 23-24**  
**ΗΛΙΟΥΠΟΛΗ**  
**18 - 19/11/2023**

**RESULTS**

**100m BUTTERFLY - BOYS 14 (50m)**

**19/11/2023 AM**

**# 28**

<b>Rnk.</b>	<b>No.</b>	<b>FullName</b>	<b>B.D.</b>	<b>Team</b>	<b>Category</b>	<b>Result</b>	<b>Points</b>
<b>1.</b>	184495	VIOLA MARIOS	2010	ANOG	14M	01:10.20	
<b>2.</b>	186873	NIKOLESIS ARISTOTELIS	2010	PANIONIOS	14M	01:21.06	

**ΗΜΕΡΙΔΑ ΚΟΛΥΜΒΗΣΗΣ ΧΕΙΜΕΡΙΝΗΣ ΠΕΡΙΟΔΟΥ 23-24**  
**ΗΛΙΟΥΠΟΛΗ**  
**18 - 19/11/2023**

**RESULTS**

**100m BUTTERFLY - BOYS 13 (50m)**

**19/11/2023 AM**

**# 29**

<b>Rnk.</b>	<b>No.</b>	<b>FullName</b>	<b>B.D.</b>	<b>Team</b>	<b>Category</b>	<b>Result</b>	<b>Points</b>
<b>1.</b>	189699	TZVILEVSKI OSKAR	2011	PANIONIOS	13M	01:06.22	
<b>2.</b>	189320	MITSIOTIS EYAGGELOS FOTIOS	2011	ANOARGYR	13M	01:13.97	
<b>3.</b>	196555	TSIAPIS GEORGIOS	2011	PANIONIOS	13M	01:16.19	
	190556	KATSAROS IOANNIS	2011	A.S.K.A.L	13M		

**ΗΜΕΡΙΔΑ ΚΟΛΥΜΒΗΣΗΣ ΧΕΙΜΕΡΙΝΗΣ ΠΕΡΙΟΔΟΥ 23-24**  
**ΗΛΙΟΥΠΟΛΗ**  
**18 - 19/11/2023**

**RESULTS**

**50m BACKSTROKE - JUNIORS (50m)**

**19/11/2023 AM**

**# 30**

<b>Rnk.</b>	<b>No.</b>	<b>FullName</b>	<b>B.D.</b>	<b>Team</b>	<b>Category</b>	<b>Result</b>	<b>Points</b>
<b>1.</b>	163351	RAGKOUSI THEOFANIA	2006	OLYB73	JUF	00:32.03	
<b>2.</b>	175003	KOTSOGLOU VIOLETA	2007	OLYB73	JUF	00:37.06	
<b>3.</b>	199204	KODIZA EIRINI	2007	ARIONFYLIS	JUF	00:43.50	

**ΗΜΕΡΙΔΑ ΚΟΛΥΜΒΗΣΗΣ ΧΕΙΜΕΡΙΝΗΣ ΠΕΡΙΟΔΟΥ 23-24**  
**ΗΛΙΟΥΠΟΛΗ**  
**18 - 19/11/2023**

**RESULTS**

**50m BACKSTROKE - GIRLS 15-16 (50m)**

**19/11/2023 AM**

**# 31**

<b>Rnk.</b>	<b>No.</b>	<b>FullName</b>	<b>B.D.</b>	<b>Team</b>	<b>Category</b>	<b>Result</b>	<b>Points</b>
1.	189998	MOURTOU ARTEMIS	2009	NO ILIOUPO	16F	00:33.50	
2.	179202	HAROKOPOU EYAGGELIA	2009	PANIONIOS	16F	00:34.97	
3.	176689	KORITA MELINA	2008	PANIONIOS	16F	00:35.04	
4.	193104	GELASAKI NIKOLETA	2009	ARIONFYLLIS	16F	00:36.44	
5.	185260	STAMOU AGGELIKI	2008	A.S.K.A.L	16F	00:37.18	
6.	179768	MIHAILIDOU AGGELIKI	2009	ANOG	16F	00:37.29	
7.	176694	PAYLIDOU STELLA	2008	PANIONIOS	16F	00:38.03	
	184533	GEORGIU ELISSAVET	2009	A.S.K.A.L	16F	00:38.03	
9.	189359	ZAHARIOU ELISAVET DESPOINA	2009	AKOVV	16F	00:39.19	
10.	196043	BRAKOPOULOU PANAGIOTA ARI	2009	ANOG	16F	00:39.22	
11.	196208	TRIADAFYLLAKI XANTHI MARIA	2008	ARIONFYLLIS	16F	00:42.81	

**ΗΜΕΡΙΔΑ ΚΟΛΥΜΒΗΣΗΣ ΧΕΙΜΕΡΙΝΗΣ ΠΕΡΙΟΔΟΥ 23-24**  
**ΗΛΙΟΥΠΟΛΗ**  
**18 - 19/11/2023**

**RESULTS**

**50m BACKSTROKE - GIRLS 14 (50m)**

**19/11/2023 AM**

**# 32**

<b>Rnk.</b>	<b>No.</b>	<b>FullName</b>	<b>B.D.</b>	<b>Team</b>	<b>Category</b>	<b>Result</b>	<b>Points</b>
<b>1.</b>	184032	KOLETSOU MELINA	2010	ANOARGYR	14F	00:38.06	
<b>2.</b>	198038	KARRA ANASTASIA	2010	ANOARGYR	14F	00:40.14	
<b>3.</b>	196209	TRIADAFYLLAKI ADAMADIA	2010	ARIONFYLLIS	14F	00:40.25	
<b>4.</b>	188823	ARGYROPOULOU ALKISTIS	2010	ANOARGYR	14F	00:45.28	
<b>5.</b>	208546	PAPPA FOTEINI	2010	ANOARGYR	14F	00:54.14	
<b>6.</b>	209608	GIOTI MARIA	2010	A.S.K.A.L	14F	00:55.16	



**ΗΜΕΡΙΔΑ ΚΟΛΥΜΒΗΣΗΣ ΧΕΙΜΕΡΙΝΗΣ ΠΕΡΙΟΔΟΥ 23-24**  
**ΗΛΙΟΥΠΟΛΗ**  
**18 - 19/11/2023**

**RESULTS**

**50m BACKSTROKE - GIRLS 13 (50m)**

**19/11/2023 AM**

**# 33**

<b>Rnk.</b>	<b>No.</b>	<b>FullName</b>	<b>B.D.</b>	<b>Team</b>	<b>Category</b>	<b>Result</b>	<b>Points</b>
1.	200059	DOUROU ANNA	2011	PANIONIOS	13F	00:37.96	
2.	189691	MIHA SOFIA	2011	PANIONIOS	13F	00:40.09	
3.	193102	SKOUROLIAKOU ELENI	2011	ARIONFYLLIS	13F	00:40.66	
4.	193105	PAPOUTSAKI FLORA EYAGGELIA	2011	ARIONFYLLIS	13F	00:40.76	
5.	189360	PAPADOPOULOU ELPIDA	2011	AKOVV	13F	00:41.28	
6.	190437	STEFANOU ILIA	2011	ANOARGYR	13F	00:41.57	
7.	198037	MELITA MARKELLA	2011	ANOARGYR	13F	00:44.51	
8.	198035	KOURTI MARIA	2011	ANOARGYR	13F	00:45.06	
9.	196167	HONDROBILA PANAGIOTA	2011	AKOVV	13F	00:47.25	
10.	201587	ARVANITOPOULOU STYLIANI	2011	PANIONIOS	13F	00:47.56	
11.	199730	MAMALI TSABIKA VASILIKI	2011	ANOARGYR	13F	00:50.46	

**ΗΜΕΡΙΔΑ ΚΟΛΥΜΒΗΣΗΣ ΧΕΙΜΕΡΙΝΗΣ ΠΕΡΙΟΔΟΥ 23-24**  
**ΗΛΙΟΥΠΟΛΗ**  
**18 - 19/11/2023**

**RESULTS**

**50m BACKSTROKE - WOMEN 19-23 (50m)**

**19/11/2023 AM**

**# 34**

<b>Rnk.</b>	<b>No.</b>	<b>FullName</b>	<b>B.D.</b>	<b>Team</b>	<b>Category</b>	<b>Result</b>	<b>Points</b>
<b>1.</b>	164610	ROUMANA ATHANASIA	2005	ANOARGYR	NEF	00:35.30	
<b>2.</b>	159955	KODOU KYRIAKI	2005	ANOARGYR	NEF	00:36.14	

**ΗΜΕΡΙΔΑ ΚΟΛΥΜΒΗΣΗΣ ΧΕΙΜΕΡΙΝΗΣ ΠΕΡΙΟΔΟΥ 23-24**  
**ΗΛΙΟΥΠΟΛΗ**  
**18 - 19/11/2023**

**RESULTS**

**50m BACKSTROKE - JUNIORS (50m)**

**19/11/2023 AM**

**# 35**

<u>Rnk.</u>	<u>No.</u>	<u>FullName</u>	<u>B.D.</u>	<u>Team</u>	<u>Category</u>	<u>Result</u>	<u>Points</u>
<b>1.</b>	171461	TATALIAS NIKOLAOS PANAGIOTI	2007	OLYB73	JUM	00:31.24	

**ΗΜΕΡΙΔΑ ΚΟΛΥΜΒΗΣΗΣ ΧΕΙΜΕΡΙΝΗΣ ΠΕΡΙΟΔΟΥ 23-24**  
**ΗΛΙΟΥΠΟΛΗ**  
**18 - 19/11/2023**

**RESULTS**

**50m BACKSTROKE - BOYS 15-16 (50m)**

**19/11/2023 AM**

**# 36**

<b>Rnk.</b>	<b>No.</b>	<b>FullName</b>	<b>B.D.</b>	<b>Team</b>	<b>Category</b>	<b>Result</b>	<b>Points</b>
<b>1.</b>	180616	KARAKOUNOS DIMITRIOS	2009	NO ILIOUPO	16M	00:30.28	
<b>2.</b>	170402	HONDROKOSTAS HRISTOS	2008	ANOARGYR	16M	00:31.65	
<b>3.</b>	186968	BERDEBES IRAKLIS	2008	ANOARGYR	16M	00:32.97	
<b>4.</b>	180781	ZONKAS GEORGIOS	2009	ANOARGYR	16M	00:33.11	
<b>5.</b>	196532	BOTSOLOS PANAGIOTIS FANOU	2009	EOFPF	16M	00:38.18	

**ΗΜΕΡΙΔΑ ΚΟΛΥΜΒΗΣΗΣ ΧΕΙΜΕΡΙΝΗΣ ΠΕΡΙΟΔΟΥ 23-24**  
**ΗΛΙΟΥΠΟΛΗ**  
**18 - 19/11/2023**

**RESULTS**

**50m BACKSTROKE - BOYS 14 (50m)**

**19/11/2023 AM**

**# 37**

<b>Rnk.</b>	<b>No.</b>	<b>FullName</b>	<b>B.D.</b>	<b>Team</b>	<b>Category</b>	<b>Result</b>	<b>Points</b>
<b>1.</b>	184164	KOURTIDIS EYAGGELOS	2010	ANOG	14M	00:33.70	
<b>2.</b>	184747	BOUTRIS IOANNIS	2010	ENOA	14M	00:34.42	
<b>3.</b>	187790	KOTINOS PANAGIOTIS	2010	NO ILIOUPO	14M	00:35.52	
<b>4.</b>	202932	EXARHOS NIKOLAOS	2010	A.S.K.A.L	14M	00:40.03	

**ΗΜΕΡΙΔΑ ΚΟΛΥΜΒΗΣΗΣ ΧΕΙΜΕΡΙΝΗΣ ΠΕΡΙΟΔΟΥ 23-24**  
**ΗΛΙΟΥΠΟΛΗ**  
**18 - 19/11/2023**

**RESULTS**

**50m BACKSTROKE - BOYS 13 (50m)**

**19/11/2023 AM**

**# 38**

<b>Rnk.</b>	<b>No.</b>	<b>FullName</b>	<b>B.D.</b>	<b>Team</b>	<b>Category</b>	<b>Result</b>	<b>Points</b>
<b>1.</b>	191269	TYROS IOANNIS	2011	EOFPF	13M	00:35.91	
<b>2.</b>	197352	PEDAVATZIS DIMITRIOS	2011	EOFPF	13M	00:39.67	
	197736	IOSIF NIKOLAOS	2011	ANOARGYR	13M	00:39.67	
<b>4.</b>	193892	PAPHRISTOS IOANNIS	2011	A.S.K.A.L	13M	00:41.36	
<b>5.</b>	196525	BALABANIS ORESTIS	2011	ANOARGYR	13M	00:50.96	

**ΗΜΕΡΙΔΑ ΚΟΛΥΜΒΗΣΗΣ ΧΕΙΜΕΡΙΝΗΣ ΠΕΡΙΟΔΟΥ 23-24**  
**ΗΛΙΟΥΠΟΛΗ**  
**18 - 19/11/2023**

**RESULTS**

**50m BACKSTROKE - MEN 19-23 (50m)**

**19/11/2023 AM**

**# 39**

<b>Rnk.</b>	<b>No.</b>	<b>FullName</b>	<b>B.D.</b>	<b>Team</b>	<b>Category</b>	<b>Result</b>	<b>Points</b>
<b>1.</b>	155198	ZAFEIRATOS PANAGIOTIS	2005	EOFPF	NEM	00:32.38	
<b>2.</b>	172161	ALEXANDROU PANAGIOTIS	2005	AKOVV	NEM	00:34.35	

**ΗΜΕΡΙΔΑ ΚΟΛΥΜΒΗΣΗΣ ΧΕΙΜΕΡΙΝΗΣ ΠΕΡΙΟΔΟΥ 23-24**  
**ΗΛΙΟΥΠΟΛΗ**  
**18 - 19/11/2023**

**RESULTS**

**400m INDIVIDUAL MEDLEY - GIRLS 15-16 (50m)**

**19/11/2023 AM**

**# 40**

<b>Rnk.</b>	<b>No.</b>	<b>FullName</b>	<b>B.D.</b>	<b>Team</b>	<b>Category</b>	<b>Result</b>	<b>Points</b>
<b>1.</b>	179199	HAROKOPOU GARYFALLIA	2009	PANIONIOS	16F	05:30.91	
<b>2.</b>	179198	SAMOLI MARKELLA	2009	PANIONIOS	16F	05:39.90	



**ΗΜΕΡΙΔΑ ΚΟΛΥΜΒΗΣΗΣ ΧΕΙΜΕΡΙΝΗΣ ΠΕΡΙΟΔΟΥ 23-24**  
**ΗΛΙΟΥΠΟΛΗ**  
**18 - 19/11/2023**

**RESULTS**

**400m INDIVIDUAL MEDLEY - WOMEN 19-23 (50m)**

**19/11/2023 AM**

**# 41**

<b>Rnk.</b>	<b>No.</b>	<b>FullName</b>	<b>B.D.</b>	<b>Team</b>	<b>Category</b>	<b>Result</b>	<b>Points</b>
<b>1.</b>	159274	PAPADAKI MAROUSA	2005	EOFPF	NEF	05:42.61	

**ΗΜΕΡΙΔΑ ΚΟΛΥΜΒΗΣΗΣ ΧΕΙΜΕΡΙΝΗΣ ΠΕΡΙΟΔΟΥ 23-24**  
**ΗΛΙΟΥΠΟΛΗ**  
**18 - 19/11/2023**

**RESULTS**

**400m INDIVIDUAL MEDLEY - BOYS 15-16 (50m)**

**19/11/2023 AM**

**# 42**

<u>Rnk.</u>	<u>No.</u>	<u>FullName</u>	<u>B.D.</u>	<u>Team</u>	<u>Category</u>	<u>Result</u>	<u>Points</u>
1.	180097	TATALIAS DIMITRIOS LAZAROS	2009	OLYB73	16M	04:54.81	

**ΗΜΕΡΙΔΑ ΚΟΛΥΜΒΗΣΗΣ ΧΕΙΜΕΡΙΝΗΣ ΠΕΡΙΟΔΟΥ 23-24**  
**ΗΛΙΟΥΠΟΛΗ**  
**18 - 19/11/2023**

**RESULTS**

**400m INDIVIDUAL MEDLEY - BOYS 14 (50m)**

**19/11/2023 AM**

**# 43**

<b>Rnk.</b>	<b>No.</b>	<b>FullName</b>	<b>B.D.</b>	<b>Team</b>	<b>Category</b>	<b>Result</b>	<b>Points</b>
<b>1.</b>	185196	KOUKIS AGGELOS	2010	NO ILIOUPO	14M	05:29.31	

**ΗΜΕΡΙΔΑ ΚΟΛΥΜΒΗΣΗΣ ΧΕΙΜΕΡΙΝΗΣ ΠΕΡΙΟΔΟΥ 23-24**  
**ΗΛΙΟΥΠΟΛΗ**  
**18 - 19/11/2023**

**RESULTS**

**50m FREESTYLE - JUNIORS (50m)**

**19/11/2023 AM**

**# 44**

<b>Rnk.</b>	<b>No.</b>	<b>FullName</b>	<b>B.D.</b>	<b>Team</b>	<b>Category</b>	<b>Result</b>	<b>Points</b>
1.	166074	KOUKOULESKOU ALEXANDRA	2007	AKO IL.ALM	JUF	00:29.30	
2.	166152	KOUKI HRISTINA	2006	NO ILIOUPO	JUF	00:30.05	
3.	168618	GALANAKI ELENI	2007	PANIONIOS	JUF	00:31.69	
4.	175003	KOTSOGLOU VIOLETA	2007	OLYB73	JUF	00:33.77	
5.	184532	ASIMAKOPOULOU MARIA	2007	A.S.K.A.L	JUF	00:34.30	
6.	199204	KODIZA EIRINI	2007	ARIONFYLIS	JUF	00:36.39	

**ΗΜΕΡΙΔΑ ΚΟΛΥΜΒΗΣΗΣ ΧΕΙΜΕΡΙΝΗΣ ΠΕΡΙΟΔΟΥ 23-24**  
**ΗΛΙΟΥΠΟΛΗ**  
**18 - 19/11/2023**

**RESULTS**

**50m FREESTYLE - GIRLS 15-16 (50m)**

**19/11/2023 AM**

**# 45**

<b>Rnk.</b>	<b>No.</b>	<b>FullName</b>	<b>B.D.</b>	<b>Team</b>	<b>Category</b>	<b>Result</b>	<b>Points</b>
1.	185197	NOMIKOU ANASTASIA	2009	NO ILIOUPO	16F	00:29.23	
2.	179969	GEORGIOTI RODANTHI	2009	PANIONIOS	16F	00:29.33	
3.	193104	GELASAKI NIKOLETA	2009	ARIONFYLLIS	16F	00:30.10	
4.	183622	GKRATZIOU STYLIANI	2008	ANOG	16F	00:30.19	
5.	180619	VOSSOU KLEOPATRA	2009	NO ILIOUPO	16F	00:30.37	
6.	179197	KABOURI DIMITRA	2009	NO ILIOUPO	16F	00:30.47	
7.	182828	VLAHOU AIKATERINI	2008	A.S.K.A.L	16F	00:30.96	
8.	177716	KARABELA DAFNI	2008	ANOG	16F	00:32.03	
9.	184494	AGGELOPOULOU EYTHYMIA	2008	ANOG	16F	00:32.24	
10.	182829	BOULOUGARI VASILEIA	2008	ANOG	16F	00:32.28	
11.	184533	GEORGIU ELISSAVET	2009	A.S.K.A.L	16F	00:32.87	
12.	181851	VELISSARIDI EYA	2009	ANOARGYR	16F	00:33.28	
13.	196043	BRAKOPOULOU PANAGIOTA ARI	2009	ANOG	16F	00:33.50	
14.	203467	BOURA ELENI IOANNA	2009	PANIONIOS	16F	00:33.70	
15.	190614	MOSHOPOULOU KASSIANI	2009	PANIONIOS	16F	00:35.94	
16.	196208	TRIADAFYLLAKI XANTHI MARIA	2008	ARIONFYLLIS	16F	00:36.12	
17.	206614	VALLINDRA EYAGGELIA	2009	NO ILIOUPO	16F	00:36.13	
18.	207482	PAPADOPOULOU ANASTASIA	2009	OLYB73	16F	00:37.46	

**ΗΜΕΡΙΔΑ ΚΟΛΥΜΒΗΣΗΣ ΧΕΙΜΕΡΙΝΗΣ ΠΕΡΙΟΔΟΥ 23-24**  
**ΗΛΙΟΥΠΟΛΗ**  
**18 - 19/11/2023**

**RESULTS**

**50m FREESTYLE - GIRLS 14 (50m)**

**19/11/2023 AM**

**# 46**

<b>Rnk.</b>	<b>No.</b>	<b>FullName</b>	<b>B.D.</b>	<b>Team</b>	<b>Category</b>	<b>Result</b>	<b>Points</b>
1.	190549	SKOLARIKI MARIA	2010	A.S.K.A.L	14F	00:30.40	
2.	184266	ILIA VASILIKI	2010	PANIONIOS	14F	00:31.16	
3.	198282	BELONI NIKOLETA	2010	ANOARGYR	14F	00:31.32	
4.	196209	TRIADAFYLLAKI ADAMADIA	2010	ARIONFYLLIS	14F	00:31.63	
5.	197747	IERONYMAKI DANAI	2010	PANIONIOS	14F	00:32.47	
6.	184162	ILIAKI SOFIA	2010	ANOG	14F	00:32.73	
7.	198038	KARRA ANASTASIA	2010	ANOARGYR	14F	00:32.81	
8.	195231	THEOHARIDOU ALEXANDRA	2010	NO ILIOUPO	14F	00:32.91	
9.	196517	PAPADOPOULOU NATALIA	2010	A.S.K.A.L	14F	00:33.94	
10.	184165	BOULOUGARI AGGELINA	2010	ANOG	14F	00:36.28	
11.	194293	GERARDOU KATERINA	2010	OLYB73	14F	00:36.36	
12.	188823	ARGYROPOULOU ALKISTIS	2010	ANOARGYR	14F	00:38.93	
13.	208546	PAPPA FOTEINI	2010	ANOARGYR	14F	00:40.06	
14.	209608	GIOTI MARIA	2010	A.S.K.A.L	14F	00:45.25	

**ΗΜΕΡΙΔΑ ΚΟΛΥΜΒΗΣΗΣ ΧΕΙΜΕΡΙΝΗΣ ΠΕΡΙΟΔΟΥ 23-24**  
**ΗΛΙΟΥΠΟΛΗ**  
**18 - 19/11/2023**

**RESULTS**

**50m FREESTYLE - GIRLS 13 (50m)**

**19/11/2023 AM**

**# 47**

<b>Rnk.</b>	<b>No.</b>	<b>FullName</b>	<b>B.D.</b>	<b>Team</b>	<b>Category</b>	<b>Result</b>	<b>Points</b>
1.	195992	KALOGIANNI ANASTASIA	2011	ENOA	13F	00:32.50	
2.	190700	HONDROKOSTA PINELOPI	2011	ANOARGYR	13F	00:33.63	
3.	195055	LOGARA EIRINI HRYSOVALADOU	2011	OLYB73	13F	00:33.75	
4.	190437	STEFANOU ILIA	2011	ANOARGYR	13F	00:34.17	
5.	193105	PAPOUTSAKI FLORA EYAGGELIA	2011	ARIONFYLLIS	13F	00:34.47	
6.	202057	TRIADAFYLLOPOULOU SOFIA	2011	AKO IL.ALM	13F	00:34.65	
7.	199124	ARVANITI AIKATERINI	2011	NO ILIOUPO	13F	00:34.70	
8.	193108	KARVOUNI ANASTASIA AGAPI	2011	ARIONFYLLIS	13F	00:35.47	
9.	198037	MELITA MARKELLA	2011	ANOARGYR	13F	00:35.53	
10.	193893	LAZARIDI MIHAELA	2011	A.S.K.A.L	13F	00:35.87	
11.	197756	GIANNOUDI ILIANA	2011	NO ILIOUPO	13F	00:36.30	
12.	209595	GKERBOURA EYANTHIA	2011	A.S.K.A.L	13F	00:36.34	
13.	209605	GIOTI ADIGONI	2011	A.S.K.A.L	13F	00:37.46	
14.	197024	KOUKA MARIA ELENI	2011	NO ILIOUPO	13F	00:37.78	
15.	198035	KOURTI MARIA	2011	ANOARGYR	13F	00:39.00	
16.	186665	DROSOU MARIA FOTEINI	2011	A.S.K.A.L	13F	00:39.70	
17.	203513	FRAGKOU AIKATERINI	2011	NO ILIOUPO	13F	00:39.92	
18.	199730	MAMALI TSABIKA VASILIKI	2011	ANOARGYR	13F	00:43.87	
19.	202688	KALAITSIDI AMALIA	2011	OLYB73	13F	00:46.66	

**ΗΜΕΡΙΔΑ ΚΟΛΥΜΒΗΣΗΣ ΧΕΙΜΕΡΙΝΗΣ ΠΕΡΙΟΔΟΥ 23-24**  
**ΗΛΙΟΥΠΟΛΗ**  
**18 - 19/11/2023**

**RESULTS**

**50m FREESTYLE - WOMEN 19-23 (50m)**

**19/11/2023 AM**

**# 48**

<u>Rnk.</u>	<u>No.</u>	<u>FullName</u>	<u>B.D.</u>	<u>Team</u>	<u>Category</u>	<u>Result</u>	<u>Points</u>
1.	166153	TZITZIRA MARIA	2005	NO ILIOUPO	NEF	00:30.97	
	159628	KAPETANAKI ANNA MARIA	2004	AKO IL.ALM	NEF		



**ΗΜΕΡΙΔΑ ΚΟΛΥΜΒΗΣΗΣ ΧΕΙΜΕΡΙΝΗΣ ΠΕΡΙΟΔΟΥ 23-24**  
**ΗΛΙΟΥΠΟΛΗ**  
**18 - 19/11/2023**

**RESULTS**

**50m FREESTYLE - MEN (50m)**

**19/11/2023 AM**

**# 49**

<b>Rnk.</b>	<b>No.</b>	<b>FullName</b>	<b>B.D.</b>	<b>Team</b>	<b>Category</b>	<b>Result</b>	<b>Points</b>
<b>1.</b>	144030	PARIANOS DIMITRIOS	2000	NOALEX	ASM	00:24.43	

**ΗΜΕΡΙΔΑ ΚΟΛΥΜΒΗΣΗΣ ΧΕΙΜΕΡΙΝΗΣ ΠΕΡΙΟΔΟΥ 23-24**  
**ΗΛΙΟΥΠΟΛΗ**  
**18 - 19/11/2023**

**RESULTS**

**50m FREESTYLE - JUNIORS (50m)**

**19/11/2023 AM**

**# 50**

<b>Rnk.</b>	<b>No.</b>	<b>FullName</b>	<b>B.D.</b>	<b>Team</b>	<b>Category</b>	<b>Result</b>	<b>Points</b>
<b>1.</b>	171461	TATALIAS NIKOLAOS PANAGIOTI	2007	OLYB73	JUM	00:25.76	
<b>2.</b>	166489	HAHAMOPOULOS KONSTADINOS	2007	ANOG	JUM	00:25.90	
<b>3.</b>	177981	VOSSOS HARALABOS	2007	NO ILIOUPO	JUM	00:26.09	
<b>4.</b>	175178	BOULOUKOS EYAGGELOS	2007	AKO IL.ALM	JUM	00:26.12	
<b>5.</b>	163221	SPANOS DIMITRIOS	2006	EOFPF	JUM	00:26.67	
<b>6.</b>	163534	MIKEDIS IOANNIS	2006	EOFPF	JUM	00:27.05	
<b>7.</b>	173395	KOTSIARIS STAYROS	2006	EOFPF	JUM	00:27.70	
<b>8.</b>	174486	ZOIDIS THEODOROS	2007	A.S.K.A.L	JUM	00:27.88	
<b>9.</b>	170410	TASIOPOULOS ELEYTHERIOS MA	2006	A.S.K.A.L	JUM	00:28.03	
<b>10.</b>	199109	KEDROS IOANNIS	2007	ANOARGYR	JUM	00:28.96	
<b>11.</b>	199269	AKTYPIS DIMITRIOS	2007	PANIONIOS	JUM	00:29.16	
<b>12.</b>	173818	PADAZIS IOANNIS ARISTOMENI	2007	NO ILIOUPO	JUM	00:30.03	

# ΗΜΕΡΙΔΑ ΚΟΛΥΜΒΗΣΗΣ ΧΕΙΜΕΡΙΝΗΣ ΠΕΡΙΟΔΟΥ 23-24

## ΗΛΙΟΥΠΟΛΗ

18 - 19/11/2023

### RESULTS

50m FREESTYLE - BOYS 15-16 (50m)

19/11/2023 AM

# 51

<u>Rnk.</u>	<u>No.</u>	<u>FullName</u>	<u>B.D.</u>	<u>Team</u>	<u>Category</u>	<u>Result</u>	<u>Points</u>
1.	179767	FILIPPOPOULOS APOLLON	2009	ANOG	16M	00:26.07	
2.	174499	GEORGAKOPOULOS ADONIOS	2008	PANIONIOS	16M	00:27.34	
3.	180615	VOSSOS ELPIDOFOROS	2009	NO ILIOUPO	16M	00:27.43	
4.	169818	LAZAR AGGELOS	2008	AKO IL.ALM	16M	00:28.11	
5.	188057	VASILEIADIS NIKOLAOS	2009	OLYB73	16M	00:28.24	
6.	180904	KONIDARIS ERNESTO	2008	NO ILIOUPO	16M	00:28.29	
7.	181575	TSIKAS LEONIDAS	2009	AKO IL.ALM	16M	00:28.56	
8.	188707	GKRATZIOS GEORGIOS	2008	ANOG	16M	00:28.63	
9.	182675	LEKAS MARKOS	2008	PANIONIOS	16M	00:28.66	
10.	173595	HARBAS IOANNIS	2008	ANOARGYR	16M	00:29.04	
11.	176339	PIPPIS STEFANOS KONSTADINO	2008	ANOG	16M	00:29.69	
12.	182599	DELIPETROS APOSTOLOS MIHAI	2009	NO ILIOUPO	16M	00:30.73	
13.	196532	BOTSOLOS PANAGIOTIS FANOU	2009	EOFPF	16M	00:31.78	
	193107	BLETSAS ATHANASIOS	2009	ARIONFYLLIS	16M	00:31.78	
	199203	THEODOROU DIMITRIOS MARIO	2008	ARIONFYLLIS	16M		

**ΗΜΕΡΙΔΑ ΚΟΛΥΜΒΗΣΗΣ ΧΕΙΜΕΡΙΝΗΣ ΠΕΡΙΟΔΟΥ 23-24**  
**ΗΛΙΟΥΠΟΛΗ**  
**18 - 19/11/2023**

**RESULTS**

**50m FREESTYLE - BOYS 14 (50m)**

**19/11/2023 AM**

**# 52**

<b>Rnk.</b>	<b>No.</b>	<b>FullName</b>	<b>B.D.</b>	<b>Team</b>	<b>Category</b>	<b>Result</b>	<b>Points</b>
1.	184747	BOUTRIS IOANNIS	2010	ENOA	14M	00:28.24	
2.	196681	KOPETINAS STAYROS	2010	ENOA	14M	00:28.86	
3.	184757	ARRENOPOULOS IOANNIS ALEX	2010	ANOG	14M	00:30.30	
4.	191155	LYBEROPOULOS KYRIAKOS	2010	NO ILIOUPO	14M	00:30.50	
5.	186873	NIKOLESIS ARISTOTELIS	2010	PANIONIOS	14M	00:31.13	
6.	188075	MESSINEZIS IASONAS	2010	NO ILIOUPO	14M	00:32.03	
7.	184679	FOTEINOS DIMITRIOS	2010	PANIONIOS	14M	00:32.61	
8.	191320	MALATESTAS MIHAIL TAXIARHIS	2010	EOFPF	14M	00:33.06	
9.	202932	EXARHOS NIKOLAOS	2010	A.S.K.A.L	14M	00:33.24	

**ΗΜΕΡΙΔΑ ΚΟΛΥΜΒΗΣΗΣ ΧΕΙΜΕΡΙΝΗΣ ΠΕΡΙΟΔΟΥ 23-24**  
**ΗΛΙΟΥΠΟΛΗ**  
**18 - 19/11/2023**

**RESULTS**

**50m FREESTYLE - BOYS 13 (50m)**

**19/11/2023 AM**

**# 53**

<b>Rnk.</b>	<b>No.</b>	<b>FullName</b>	<b>B.D.</b>	<b>Team</b>	<b>Category</b>	<b>Result</b>	<b>Points</b>
<b>1.</b>	191269	TYROS IOANNIS	2011	EOFPF	13M	00:30.03	
<b>2.</b>	197744	KORFIATIS NIKOLAOS	2011	PANIONIOS	13M	00:31.61	
<b>3.</b>	209578	LAZARIDIS VASILEIOS	2011	A.S.K.A.L	13M	00:32.91	
<b>4.</b>	192283	GRIVAS DIONYSIOS	2011	PANIONIOS	13M	00:33.26	
<b>5.</b>	197352	PEDAVATZIS DIMITRIOS	2011	EOFPF	13M	00:33.28	
<b>6.</b>	197736	IOSIF NIKOLAOS	2011	ANOARGYR	13M	00:33.87	
<b>7.</b>	191883	ZABARAS FOTIOS	2011	AKO IL.ALM	13M	00:34.25	
<b>8.</b>	193892	PAPHRISTOS IOANNIS	2011	A.S.K.A.L	13M	00:34.43	
<b>9.</b>	195993	KYRIAZIS NIKOLAOS	2011	ENOA	13M	00:36.61	
<b>10.</b>	197585	ANDRIS PANAGIOTIS	2011	ENOA	13M	00:36.87	
<b>11.</b>	191252	HARBAS HRISTODOULOS	2011	ANOARGYR	13M	00:36.97	
<b>12.</b>	189569	TASIOULAS ANASTASIOS	2011	OLYB73	13M	00:37.02	
<b>13.</b>	196525	BALABANIS ORESTIS	2011	ANOARGYR	13M	00:40.25	

**ΗΜΕΡΙΔΑ ΚΟΛΥΜΒΗΣΗΣ ΧΕΙΜΕΡΙΝΗΣ ΠΕΡΙΟΔΟΥ 23-24**  
**ΗΛΙΟΥΠΟΛΗ**  
**18 - 19/11/2023**

**RESULTS**

**50m FREESTYLE - MEN 19-23 (50m)**

**19/11/2023 AM**

**# 54**

<b>Rnk.</b>	<b>No.</b>	<b>FullName</b>	<b>B.D.</b>	<b>Team</b>	<b>Category</b>	<b>Result</b>	<b>Points</b>
<b>1.</b>	160167	MATSAKAS ELEYTHERIOS	2005	ANOG	NEM	00:24.97	
<b>2.</b>	176854	GIANNATSIS GEORGIOS	2005	ARIONFYLLIS	NEM	00:27.14	
<b>3.</b>	155198	ZAFEIRATOS PANAGIOTIS	2005	EOFPF	NEM	00:27.61	

**ΗΜΕΡΙΔΑ ΚΟΛΥΜΒΗΣΗΣ ΧΕΙΜΕΡΙΝΗΣ ΠΕΡΙΟΔΟΥ 23-24**  
**ΗΛΙΟΥΠΟΛΗ**  
**18 - 19/11/2023**

**RESULTS**

**200m BREASTSTROKE - GIRLS 15-16 (50m)**

**19/11/2023 AM**

**# 55**

<b>Rnk.</b>	<b>No.</b>	<b>FullName</b>	<b>B.D.</b>	<b>Team</b>	<b>Category</b>	<b>Result</b>	<b>Points</b>
<b>1.</b>	178150	VELAGIA VASILIKI	2009	ARIONFY LIS	16F	02:52.35	
<b>2.</b>	188445	HARONITAKI NEFELI	2009	NO ILIOUPO	16F	03:19.22	
	180076	MAYRIDOPOULOU KLEONIKI MA	2009	OLYB73	16F		

**ΗΜΕΡΙΔΑ ΚΟΛΥΜΒΗΣΗΣ ΧΕΙΜΕΡΙΝΗΣ ΠΕΡΙΟΔΟΥ 23-24**  
**ΗΛΙΟΥΠΟΛΗ**  
**18 - 19/11/2023**

**RESULTS**

**200m BREASTSTROKE - GIRLS 14 (50m)**

**19/11/2023 AM**

**# 56**

<b>Rnk.</b>	<b>No.</b>	<b>FullName</b>	<b>B.D.</b>	<b>Team</b>	<b>Category</b>	<b>Result</b>	<b>Points</b>
<b>1.</b>	184032	KOLETSOU MELINA	2010	ANOARGYR	14F	02:58.97	



**ΗΜΕΡΙΔΑ ΚΟΛΥΜΒΗΣΗΣ ΧΕΙΜΕΡΙΝΗΣ ΠΕΡΙΟΔΟΥ 23-24**  
**ΗΛΙΟΥΠΟΛΗ**  
**18 - 19/11/2023**

**RESULTS**

**200m BREASTSTROKE - GIRLS 13 (50m)**

**19/11/2023 AM**

**# 57**

<b>Rnk.</b>	<b>No.</b>	<b>FullName</b>	<b>B.D.</b>	<b>Team</b>	<b>Category</b>	<b>Result</b>	<b>Points</b>
<b>1.</b>	190488	KOLOVOU ELENI	2011	ANOG	13F	03:01.11	
<b>2.</b>	186632	TSIKA MARINA PANAGIOTA	2011	AKO IL.ALM	13F	03:21.69	
<b>3.</b>	193108	KARVOUNI ANASTASIA AGAPI	2011	ARIONFYLLIS	13F	03:28.63	

**ΗΜΕΡΙΔΑ ΚΟΛΥΜΒΗΣΗΣ ΧΕΙΜΕΡΙΝΗΣ ΠΕΡΙΟΔΟΥ 23-24**  
**ΗΛΙΟΥΠΟΛΗ**  
**18 - 19/11/2023**

**RESULTS**

**200m BREASTSTROKE - BOYS 15-16 (50m)**

**19/11/2023 AM**

**# 58**

<b>Rnk.</b>	<b>No.</b>	<b>FullName</b>	<b>B.D.</b>	<b>Team</b>	<b>Category</b>	<b>Result</b>	<b>Points</b>
<b>1.</b>	174497	GEORGAKOPOULOS HARALABOS	2008	PANIONIOS	16M	02:48.28	

**ΗΜΕΡΙΔΑ ΚΟΛΥΜΒΗΣΗΣ ΧΕΙΜΕΡΙΝΗΣ ΠΕΡΙΟΔΟΥ 23-24**  
**ΗΛΙΟΥΠΟΛΗ**  
**18 - 19/11/2023**

**RESULTS**

**200m BREASTSTROKE - BOYS 14 (50m)**

**19/11/2023 AM**

**# 59**

<u>Rnk.</u>	<u>No.</u>	<u>FullName</u>	<u>B.D.</u>	<u>Team</u>	<u>Category</u>	<u>Result</u>	<u>Points</u>
1.	188819	SKARMOUSOS ATHANASIOS	2010	ANOARGYR	14M	03:17.07	

**ΗΜΕΡΙΔΑ ΚΟΛΥΜΒΗΣΗΣ ΧΕΙΜΕΡΙΝΗΣ ΠΕΡΙΟΔΟΥ 23-24**  
**ΗΛΙΟΥΠΟΛΗ**  
**18 - 19/11/2023**

**RESULTS**

**200m BREASTSTROKE - BOYS 13 (50m)**

**19/11/2023 AM**

**# 60**

<b>Rnk.</b>	<b>No.</b>	<b>FullName</b>	<b>B.D.</b>	<b>Team</b>	<b>Category</b>	<b>Result</b>	<b>Points</b>
<b>1.</b>	194055	KAZAKOS VASILEIOS	2011	ENOA	13M	02:54.53	
<b>2.</b>	189697	BITSAKOS SPYROS	2011	PANIONIOS	13M	02:56.02	

**ΗΜΕΡΙΔΑ ΚΟΛΥΜΒΗΣΗΣ ΧΕΙΜΕΡΙΝΗΣ ΠΕΡΙΟΔΟΥ 23-24**  
**ΗΛΙΟΥΠΟΛΗ**  
**18 - 19/11/2023**

**RESULTS**

**200m BACKSTROKE - JUNIORS (50m)**

**19/11/2023 AM**

**# 61**

<b>Rnk.</b>	<b>No.</b>	<b>FullName</b>	<b>B.D.</b>	<b>Team</b>	<b>Category</b>	<b>Result</b>	<b>Points</b>
<b>1.</b>	163351	RAGKOUSI THEOFANIA	2006	OLYB73	JUF	02:30.49	

**ΗΜΕΡΙΔΑ ΚΟΛΥΜΒΗΣΗΣ ΧΕΙΜΕΡΙΝΗΣ ΠΕΡΙΟΔΟΥ 23-24**  
**ΗΛΙΟΥΠΟΛΗ**  
**18 - 19/11/2023**

**RESULTS**

**200m BACKSTROKE - GIRLS 15-16 (50m)**

**19/11/2023 AM**

**# 62**

<b>Rnk.</b>	<b>No.</b>	<b>FullName</b>	<b>B.D.</b>	<b>Team</b>	<b>Category</b>	<b>Result</b>	<b>Points</b>
<b>1.</b>	181495	BAKOULA MELINA	2008	ANOARGYR	16F	02:37.37	
<b>2.</b>	173729	ZONKA HRISTINA	2008	ANOARGYR	16F	02:37.44	
<b>3.</b>	189998	MOURTOU ARTEMIS	2009	NO ILIOUPO	16F	02:37.53	

176690 FOTIOU STAMATOULA 2008 PANIONIOS 16F

**ΗΜΕΡΙΔΑ ΚΟΛΥΜΒΗΣΗΣ ΧΕΙΜΕΡΙΝΗΣ ΠΕΡΙΟΔΟΥ 23-24**  
**ΗΛΙΟΥΠΟΛΗ**  
**18 - 19/11/2023**

**RESULTS**

**200m BACKSTROKE - GIRLS 13 (50m)**

**19/11/2023 AM**

**# 63**

<u>Rnk.</u>	<u>No.</u>	<u>FullName</u>	<u>B.D.</u>	<u>Team</u>	<u>Category</u>	<u>Result</u>	<u>Points</u>
<b>1.</b>	193102	SKOUROLIAKOU ELENI	2011	ARIONFY LIS	13F	02:59.53	

**ΗΜΕΡΙΔΑ ΚΟΛΥΜΒΗΣΗΣ ΧΕΙΜΕΡΙΝΗΣ ΠΕΡΙΟΔΟΥ 23-24**  
**ΗΛΙΟΥΠΟΛΗ**  
**18 - 19/11/2023**

**RESULTS**

**200m BACKSTROKE - WOMEN 19-23 (50m)**

**19/11/2023 AM**

**# 64**

<b>Rnk.</b>	<b>No.</b>	<b>FullName</b>	<b>B.D.</b>	<b>Team</b>	<b>Category</b>	<b>Result</b>	<b>Points</b>
<b>1.</b>	159274	PAPADAKI MAROUSA	2005	EOFPF	NEF	02:44.26	



**ΗΜΕΡΙΔΑ ΚΟΛΥΜΒΗΣΗΣ ΧΕΙΜΕΡΙΝΗΣ ΠΕΡΙΟΔΟΥ 23-24**  
**ΗΛΙΟΥΠΟΛΗ**  
**18 - 19/11/2023**

**RESULTS**

**200m BACKSTROKE - BOYS 15-16 (50m)**

**19/11/2023 AM**

**# 65**

<b>Rnk.</b>	<b>No.</b>	<b>FullName</b>	<b>B.D.</b>	<b>Team</b>	<b>Category</b>	<b>Result</b>	<b>Points</b>
<b>1.</b>	176699	KOSTOPOULOS LABROS	2008	PANIONIOS	16M	02:15.74	
<b>2.</b>	180616	KARAKOUNOS DIMITRIOS	2009	NO ILIOUPO	16M	02:24.87	
<b>3.</b>	170402	HONDROKOSTAS HRISTOS	2008	ANOARGYR	16M	02:33.50	

180336 ROZAKIS HRISTOS APOLLON 2009 ANOARGYR 16M

**ΗΜΕΡΙΔΑ ΚΟΛΥΜΒΗΣΗΣ ΧΕΙΜΕΡΙΝΗΣ ΠΕΡΙΟΔΟΥ 23-24**  
**ΗΛΙΟΥΠΟΛΗ**  
**18 - 19/11/2023**

**RESULTS**

**200m BACKSTROKE - BOYS 14 (50m)**

**19/11/2023 AM**

**# 66**

<u>Rnk.</u>	<u>No.</u>	<u>FullName</u>	<u>B.D.</u>	<u>Team</u>	<u>Category</u>	<u>Result</u>	<u>Points</u>
<b>1.</b>	187790	KOTINOS PANAGIOTIS	2010	NO ILIOUPO	14M	02:46.51	

**ΗΜΕΡΙΔΑ ΚΟΛΥΜΒΗΣΗΣ ΧΕΙΜΕΡΙΝΗΣ ΠΕΡΙΟΔΟΥ 23-24**  
**ΗΛΙΟΥΠΟΛΗ**  
**18 - 19/11/2023**

**RESULTS**

**200m BACKSTROKE - BOYS 13 (50m)**

**19/11/2023 AM**

**# 67**

<b>Rnk.</b>	<b>No.</b>	<b>FullName</b>	<b>B.D.</b>	<b>Team</b>	<b>Category</b>	<b>Result</b>	<b>Points</b>
<b>1.</b>	189699	TZVILEVSKI OSKAR	2011	PANIONIOS	13M	02:34.54	
<b>2.</b>	189698	KELEPERTZIS AKINDYNOS	2011	PANIONIOS	13M	02:46.69	
<b>3.</b>	197352	PEDAVATZIS DIMITRIOS	2011	EOFPF	13M	03:04.35	

**ΗΜΕΡΙΔΑ ΚΟΛΥΜΒΗΣΗΣ ΧΕΙΜΕΡΙΝΗΣ ΠΕΡΙΟΔΟΥ 23-24**  
**ΗΛΙΟΥΠΟΛΗ**  
**18 - 19/11/2023**

**RESULTS**

**800m FREESTYLE - JUNIORS (50m)**

**19/11/2023 AM**

**# 68**

<u>Rnk.</u>	<u>No.</u>	<u>FullName</u>	<u>B.D.</u>	<u>Team</u>	<u>Category</u>	<u>Result</u>	<u>Points</u>
	175004	KOTSOGLOU VASILIKI	2007	OLYB73	JUF		

**ΗΜΕΡΙΔΑ ΚΟΛΥΜΒΗΣΗΣ ΧΕΙΜΕΡΙΝΗΣ ΠΕΡΙΟΔΟΥ 23-24**  
**ΗΛΙΟΥΠΟΛΗ**  
**18 - 19/11/2023**

**RESULTS**

**800m FREESTYLE - GIRLS 15-16 (50m)**

**19/11/2023 AM**

**# 69**

<b>Rnk.</b>	<b>No.</b>	<b>FullName</b>	<b>B.D.</b>	<b>Team</b>	<b>Category</b>	<b>Result</b>	<b>Points</b>
1.	175002	VALILI OLGA	2008	OLYB73	16F	09:46.75	
2.	178383	VAGGOPOULOU NATALIA	2009	ANOG	16F	09:51.47	
3.	181480	RODIU ANDRIANNA	2008	ANOG	16F	09:57.56	
4.	179689	IOANNIDI SOFIA	2009	AKOVV	16F	09:58.33	
5.	179550	MAYRADZA HRISTINA	2009	A.S.K.A.L	16F	10:31.84	

**ΗΜΕΡΙΔΑ ΚΟΛΥΜΒΗΣΗΣ ΧΕΙΜΕΡΙΝΗΣ ΠΕΡΙΟΔΟΥ 23-24**  
**ΗΛΙΟΥΠΟΛΗ**  
**18 - 19/11/2023**

**RESULTS**

**800m FREESTYLE - GIRLS 14 (50m)**

**19/11/2023 AM**

**# 70**

<b>Rnk.</b>	<b>No.</b>	<b>FullName</b>	<b>B.D.</b>	<b>Team</b>	<b>Category</b>	<b>Result</b>	<b>Points</b>
<b>1.</b>	203220	SOTIRIOU VALERIA	2010	OLYB73	14F	10:28.07	
<b>2.</b>	188559	DASKALOPOULOU DANAI	2010	ANOARGYR	14F	11:07.42	

**ΗΜΕΡΙΔΑ ΚΟΛΥΜΒΗΣΗΣ ΧΕΙΜΕΡΙΝΗΣ ΠΕΡΙΟΔΟΥ 23-24**  
**ΗΛΙΟΥΠΟΛΗ**  
**18 - 19/11/2023**

**RESULTS**

**800m FREESTYLE - BOYS 15-16 (50m)**

**19/11/2023 AM**

**# 71**

<b>Rnk.</b>	<b>No.</b>	<b>FullName</b>	<b>B.D.</b>	<b>Team</b>	<b>Category</b>	<b>Result</b>	<b>Points</b>
<b>1.</b>	177560	MOUSGAS THOMAS	2009	ANOARGYR	16M	09:20.44	
<b>2.</b>	181889	TRIADOS GEORGIOS	2008	PANIONIOS	16M	09:35.90	

**ΗΜΕΡΙΔΑ ΚΟΛΥΜΒΗΣΗΣ ΧΕΙΜΕΡΙΝΗΣ ΠΕΡΙΟΔΟΥ 23-24**  
**ΗΛΙΟΥΠΟΛΗ**  
**18 - 19/11/2023**

**RESULTS**

**800m FREESTYLE - BOYS 14 (50m)**

**19/11/2023 AM**

**# 72**

<b>Rnk.</b>	<b>No.</b>	<b>FullName</b>	<b>B.D.</b>	<b>Team</b>	<b>Category</b>	<b>Result</b>	<b>Points</b>
<b>1.</b>	184495	VIOLA MARIOS	2010	ANOG	14M	09:56.78	
<b>2.</b>	191320	MALATESTAS MIHAIL TAXIARHIS	2010	EOFPF	14M	12:21.44	



**ΗΜΕΡΙΔΑ ΚΟΛΥΜΒΗΣΗΣ ΧΕΙΜΕΡΙΝΗΣ ΠΕΡΙΟΔΟΥ 23-24**  
**ΗΛΙΟΥΠΟΛΗ**  
**18 - 19/11/2023**

**RESULTS**

**800m FREESTYLE - BOYS 13 (50m)**

**19/11/2023 AM**

**# 73**

<b>Rnk.</b>	<b>No.</b>	<b>FullName</b>	<b>B.D.</b>	<b>Team</b>	<b>Category</b>	<b>Result</b>	<b>Points</b>
<b>1.</b>	198299	ΠΑΗΙΑΚΟΣ ΠΑΔΕΛΕΙΜΟΝ	2011	ΑΝΟΓ	13Μ	10:19.55	
<b>2.</b>	189320	ΜΙΤΣΙΟΤΙΣ ΕΥΑΓΓΕΛΟΣ ΦΟΤΙΟΣ	2011	ΑΝΟΑΡΓΥΡ	13Μ	10:42.92	

**ΗΜΕΡΙΔΑ ΚΟΛΥΜΒΗΣΗΣ ΧΕΙΜΕΡΙΝΗΣ ΠΕΡΙΟΔΟΥ 23-24**  
**ΗΛΙΟΥΠΟΛΗ**  
**18 - 19/11/2023**

**RESULTS**

**800m FREESTYLE - MEN 19-23 (50m)**

**19/11/2023 AM**

**# 74**

<u>Rnk.</u>	<u>No.</u>	<u>FullName</u>	<u>B.D.</u>	<u>Team</u>	<u>Category</u>	<u>Result</u>	<u>Points</u>
	155121	MAYROGENIS IOANNIS	2004	ANOG	NEM		