



Κολυμβητική  
Ομοσπονδία  
Ελλάδας

Hellenic  
Swimming  
Federation

swimming  
κολύμβηση

water polo  
υδατοσφαίριση

synchro  
συγχρονισμένη

diving  
καταδύσεις

finswimming  
τεχνική κολύμβηση

open water  
μεγάλες αποστάσεις

Αθήνα, 17 Σεπτεμβρίου 2024

Αριθμ. Πρωτ.:.....*4164/κ*

**Προς:**  
ΣΩΜΑΤΕΙΑ ΤΕΧΝΙΚΗΣ ΚΟΛΥΜΒΗΣΗΣ

Κύριε Πρόεδρε,

Σας γνωστοποιούμε ότι η Παγκόσμια Ομοσπονδία CMAS, στο πλαίσιο της πληροφόρησης και της διαρκούς ενημέρωσης των αθλητών για τις διαδικασίες καταπολέμησης Ντόπινγκ, διοργανώνει εκπαιδευτικά προγράμματα Webinars.

Επισυνάπτουμε σχετικό έγγραφο της CMAS, με τις ημερομηνίες διεξαγωγής τους καθώς και τον σύνδεσμο για την εγγραφή και παρακολούθηση.

Παρακαλούμε να ενημερώσετε σχετικά τους αθλητές-τριες του Σωματείου σας.

Με τιμή,  
Ο ΓΕΝΙΚΟΣ ΓΡΑΜΜΑΤΕΑΣ



*[Signature]*  
ΔΗΜΗΤΡΙΟΣ ΚΥΡΚΟΣ

/vv

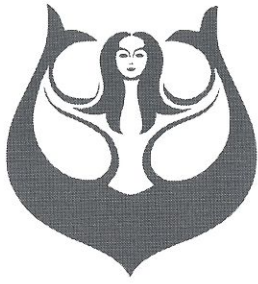
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**CMAS**  
CONFÉDÉRATION MONDIALE  
DES ACTIVITÉS SUBAQUATIQUES  
WORLD UNDERWATER FEDERATION

Rome, September 13<sup>th</sup>, 2024

Ref. 202/AA/2024

**Le Président**

**To All National Federations affiliated with the  
CMAS Sports Committee**

**Object: ITA Webinar Series 2024**

Dear CMAS family,

Like every year, I go to you for the programs "Clean Sport" and No Doping in Education based on WADA's rules and obligations with the material support of ITA (International Testing Agency).

CMAS is pleased to share more information about the upcoming IF Webinar Series 2024. The technical information provided by ITA is below.

I also suggest that you share this information with your Athletes' Commission. I remind you that one of the Code's responsibilities is to require National Federations to conduct education. The Webinar Series 2022 and 2023 were a success with many CMAS attendees. I wish the same success for the 2024 series because it is an excellent opportunity to fulfil this requirement proactively.

Another good way to publicise the series is to ask the Athletes' Commission Members, other high-profile athletes, and all your clubs to share this information across their social channels. Further, we recommend that you particularly encourage your Education Pool to attend.

We notice that **these webinars are in English but are available in simultaneous translation for Arabic, Mandarin Chinese, French, Russian, and Spanish.**

Below is the registration link for each webinar in the table below with the description.

<b>Webinar Theme</b>	<b>Date and Time</b>	<b>Registration Link</b>
1. Introduction to anti-doping <i>Overview of the system, rights and responsibilities, ADRVs</i>	Thursday 26 September 14:00-15:00	<a href="https://us06web.zoom.us/webinar/register/WN_aBm54MzUTLaKmsjPrc96Pg">https://us06web.zoom.us/webinar/register/WN_aBm54MzUTLaKmsjPrc96Pg</a>
2. The Doping Control Process <i>Includes testing procedures (urine and blood) and ABP</i>	Thursday 3 October 14:00-15:00	<a href="https://us06web.zoom.us/webinar/register/WN_iIP-zXAWSGmwEP-EtVpEHA">https://us06web.zoom.us/webinar/register/WN_iIP-zXAWSGmwEP-EtVpEHA</a>
3. Medications, Supplements, Prohibited List and TUEs <i>Includes the Principle of Strict Liability</i>	Thursday 10 October 14:00-15:00	<a href="https://us06web.zoom.us/webinar/register/WN_F68iFJ9qS5KbhybcKRKxPQ">https://us06web.zoom.us/webinar/register/WN_F68iFJ9qS5KbhybcKRKxPQ</a>
4. Values, Consequences, and Reporting <i>Includes decision-making and athlete testimonials</i>	Thursday 17 October 14:00-15:00	<a href="https://us06web.zoom.us/webinar/register/WN_M7R3bmdFQs-ZXIGC605ziw">https://us06web.zoom.us/webinar/register/WN_M7R3bmdFQs-ZXIGC605ziw</a>
5. Out-of-Competition Testing <i>Includes requirements of RTP/TP, whereabouts, use of ADAMS</i>	Thursday 24 October 14:00-15:00	<a href="https://us06web.zoom.us/webinar/register/WN_5ydnIPIET6yOY4zMFERO-Q">https://us06web.zoom.us/webinar/register/WN_5ydnIPIET6yOY4zMFERO-Q</a>



# CMAS

CONFÉDÉRATION MONDIALE  
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WORLD UNDERWATER FEDERATION

## Le Président

The auditor must fill out a short registration form by clicking the link. He has to choose **CMAS - Confédération Mondiale des Activités Subaquatiques**, in the field **"your affiliated organisation"**.

**Please remember that the participants must sign up for EACH session using the links below, as they are stand-alone webinars.** Like last year, those who attend all five sessions receive a certificate.

Thank you in advance for diffusing this information to the largest possible number in your federation. Please mobilise your national Federation's maximum human resources.

Yours sincerely

**Anna Arzhanova**